

March 2025



A Message From Our President, Doreen Bocking

“Do you want to build a snowman”?



Hello, hope everyone has been staying warm as spring is just around the corner.

It hasn't been a very busy winter for the executive, however, we have been brainstorming fundraising ideas. We kick started the year with a new fundraising idea holding a Vendor Fair on February 18 in the Auditorium. We had 20 vendors participate and we are hoping that this will become a regular event.

As you recall at our June 2024 AGM, we pledged to HRH to raise \$400,000 towards a Parata ATP2 Pouch Packager. During our most recent executive meeting held on February 18, we presented Barb Collins, CEO of HRH, with our first installment with a cheque for \$150,000.

I will be attending the April Hospital Board of Directors Meeting at which time I will be presenting a report outlining our financials, progress of our franchises as well as our plans for the year.

Just a reminder, Tim Hortons, Starbucks and the Gift Shop are owned by our Volunteer Association which means we are Canadian owned and operated. Keep in mind that you can help us grow by purchasing products and gift cards for yourself, family and friends. When shopping in our Gift Shop, volunteers receive a 10% discount. Simply show your badge when making a purchase to receive your discount.

Be sure to review our upcoming events as we will be looking for your help. Also, invite your friends and family to come out to support us.

I look forward to the year ahead and meeting you along the way.



Upcoming Events

March Shoe Sale
March 24-March 26
Set up March 23

Volunteer Week
April 27-May 3
Volunteer Celebration
May 1

Mother's Day
Vintage China, Crystal
and Jewellery Sale
May 8

Volunteer Association
Annual General Meeting
(AGM)
June 3



At the beginning of each HRH Volunteer Association Board meeting, the Volunteer Mission Statement is read:

The Humber River Hospital Volunteer Association encourages community partnership with the Hospital

By providing care and comfort to patients and their families.

By raising funds to be used for the betterment of the Hospital.



Meet Armina Alizadeh
 Armina can be found volunteering Sunday mornings at our RCC Church Campus. She enjoys her role as it allows her to spend time talking to patients, playing games with them, assisting recreational therapists with

activities as well as assisting patients getting to and from lunch, just to name a few of the fun things she does. Armina also finds time to volunteer at her local church, working part time in a medical clinic and teaching children to play flute and kalimba. She finds time for all of this while attending her 3rd year at York University studying kinesiology. Thank you Armina for all you do.

Did you know that you, your family and friends can help us reach our fundraising goals?
 Please consider making a cheque or online donation. Cheques can be made payable to HRH Volunteer Association and dropped off to Volunteer Services. Online donations can be made via the Canada Helps website. Be sure you select Humber River Hospital Volunteer Association.
Tax receipts are provided for donations of \$20 or more.



**GIANT THREE DAY SHOE SALE:
 MARCH 24, 25, 26**

Volunteers are needed to help set up on Sunday, March 23 from 11 to 3. **Friends and Family sale on Sunday, 3 to 5.** The sale is open to the public on Monday and Tuesday from 7 to 6 and Wednesday



from 7 to 12. Volunteers are needed to assist customers and keep shelves neat as well as for tear down on the Wednesday (tear down starts at noon)

We need volunteers for all shifts, particularly for Wednesday tear down.
Join the team! We need your help! Sign in sheets will be available by the kiosks in Volunteer Services on Level 1 and 3.

**MOTHER'S DAY VINTAGE CHINA,
 CRYSTAL AND JEWELLERY SALE**

The Volunteer Association is again asking for donations for our annual sale of vintage china and crystal to be held **Thursday, May 8.** Items on our wish list include china (especially cups and saucers and serving pieces), crystal stemware, Royal Doulton figurines, and art glass. This might be an opportunity to clean out your china cabinet while spring cleaning this year. Please solicit your friends and families so we can match last year's success. Let them know that we have a market for these items and that the money raised goes directly to purchase capital equipment for the hospital. We are grateful for donations as small as one cup and saucer or complete sets of china and crystal. Drop off your donations at Volunteer Services or the Gift Shop anytime before the sale.



VENDOR FAIR

As part of our fundraising events, we held a Vendor Fair on February 18 and were pleased to welcome 20 participants. We thank our vendors for their support of our Volunteer Association and Humber River Health.



In addition to fundraising, the Volunteer Association supports post-secondary education and will be presenting scholarships of **\$2000** to four successful applicants. Two will be awarded to current HRH student volunteers who have completed 100 hours of service. Two will be awarded to children of current staff members who have been employed by HRH for 12 months or more. Further information can be obtained from the Volunteer Services office.

Call for Nominations



VOLUNTEER ASSOCIATION

We are currently looking for volunteers to sit on the Volunteer Association Board for 2025-2026. All of these positions are non-paying. Candidates must be active volunteers and have served at least 6 months. Board meetings are held on the third Tuesday morning each month. Please consider joining us for one of our committee positions this year. It is a great privilege to work with such a dedicated group of people. This is a very rewarding area to be involved in helping our Association to continue working for the betterment of the Hospital. One of the responsibilities of the Volunteer Board is to help decide how the funds we raise will be spent.

Erane Bocking and Mirella Quattrin
Nominating Committee Chairpersons

Dear Doreen,

On behalf of the Senior Leadership Team, I would like to extend my gratitude to you and the entire Volunteer Association for your generous donation of \$150,000 as the first installment toward your 2024-2025 pledge of \$400,000 for the purchase of essential capital equipment.

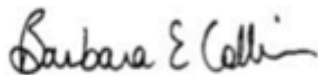
These funds will be directed toward the purchase of the Parata® ATP® 2 Pouch Packager, a flexible and easy-to-use packaging system that enhances efficiency while ensuring security through its advanced software. This investment will support our pharmacy operations, ultimately benefiting our patients and healthcare teams.

By raising these funds for the Hospital, the Volunteer Association makes a significant impact on our staff, physicians, patients, and their families. Your fundraising efforts - including ownership of the Tim Hortons and Starbucks franchises, operation of the Gift Shop, running the Retail Therapy program, and organizing various events throughout the year - are truly commendable.

We are deeply grateful for the hard work and dedication of the Volunteer Association. Your unwavering support directly aligns with our mission of working together with our community to deliver innovative, safe, and equitable healthcare at Humber River Health.

Thank you again for your commitment to our Hospital and our community. I truly appreciate everything the Volunteer Association does.

Kind Regards,



Barbara E. Collins
President & CEO



WANTED Fundraising Ideas

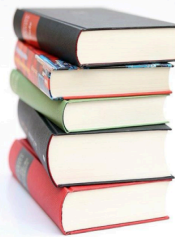


*Have an idea??
Then we want
to hear from
you.*

Contact us via Volunteer
Services

WE NEED YOUR BOOKS

Erane Bocking's isolette book program continues to bring in about \$1000 per month. Drop off your used books in the Gift Shop or sign-in room on level 1



Clothing, decor
and so much
more.....

**Be sure to visit our
Gift Shop
Volunteers save 10%**

The Mainstream is a publication of the Humber River Hospital Volunteer Association

Executive Board: Doreen Bocking, *President*; Mirella Quattrin, *Past President*; Pauline Farrace and Angelo Poto, *Vice Presidents of Equal Standing*; Jane Mueller, *Executive Secretary*; Mirella Quattrin, *Executive Treasurer*; Fidel Di Caro, Liz Pedzinski, Dennis Levesque, and Karen McNamara-Mucha, *Members-at-Large*.

Committees: Erane Bocking, *Constitution and By-Laws*; Mirella Quattrin, *Finance*; Pauline Kishimoto *Fundraising/Social*; Joyce Conway, *Membership*; Erane Bocking and Mirella Quattrin, *Nominating*; Pauline Kishimoto, *Gift Shop Liaison*; Kim Puddicombe, *Public Relations*; Pauline Farrace, *Vendor Program*; Rita Sanford, *Advisor to the Executive Board*.