

INSIDE HUMBER

Humber is your hospital, these are your stories.

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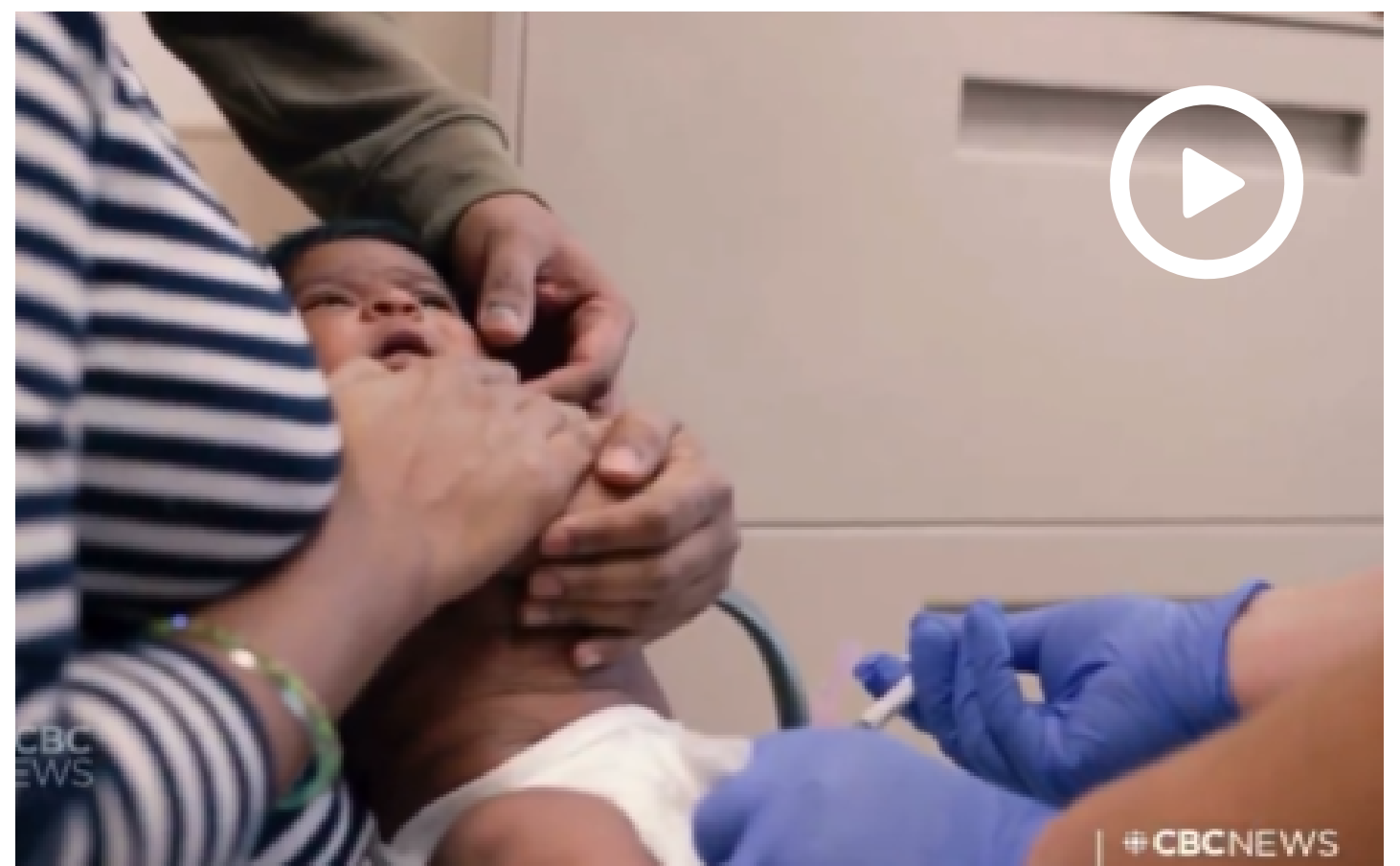
Monthly Highlights



Year in Review 2024 Video

2024 was full of triumphs and memorable milestones for Humber River Health. To encapsulate it all, we have developed a Year in Review video to highlight all that has happened over the last year. Click below to watch the video!

[Watch Here](#)



RSV shot offers protection for babies, but it's not available everywhere

A new shot protecting infants against RSV is available in Canada, but only Ontario, Quebec and the three territories offer it to all newborns after the drug maker and the remaining provinces could not reach a pricing deal. Find out more in this CBC News segment filmed at Humber.

[Watch Here](#)



Expanding Breast Health through Community Outreach and Equity

Our Breast Health Centre boasts two dedicated navigators: Theresa McGrath, the Breast Health Navigator, and Navpreet Heer, the Oncology Breast Navigator. From surveillance and diagnostics to treatment and breast reconstruction, we deliver equitable, high-quality care. Read more in this issue of OHA's Health System News.

[Read More](#)



Curing Healthcare

At Humber, we do not just aim to provide quality healthcare – we are reshaping it to meet the needs of our community through technological advancements, strategic partnerships, and a patient-centric approach. Read more in this issue of Hospital News.

[Read More](#)



Paging all the Doctors - Dr. Krutika Joshi

Dr. Krutika Joshi is a Research Associate in Data Science and Statistics at our Research Institute, which involves designing quantitative research methods, analyzing data, as well as communicating the findings. In this interview, she discusses her role and academic journey.

[Read More](#)



Paging all the Doctors - Dr. Kirsten Ellison

Dr. Kirsten Ellison is a Research Associate in Knowledge Mobilization at our Research Institute where she oversees the production of research-based knowledge products, translating work into accessible, meaningful content. In this interview, she discusses her role and academic journey.

[Read More](#)



Dr. Karen Levy

OB/GYN

Interview with Dr. Karen Levy

In this Doc Talks segment, Dr. Karen Levy, an OBGYN here at Humber, discusses her role, as well as what she enjoys most about her work. Click below to watch the interview.

[Watch Here](#)



Dr. Roxana Chis

Gastroenterologist

Interview with Dr. Roxana Chis

Our Gastroenterology (GI) Department regularly adopts world-leading technologies to provide patients with the best possible care. Check out our Doc Talks with Gastroenterologist Dr. Roxana Chis as she explains more.

[Watch Here](#)

International Volunteer Day - December 5

Humber has many talented volunteers who assist in various departments throughout our Wilson Hospital, Church Campus, and Finch Campus. Our volunteers focus on making a difference every day by improving the experience patients and visitors receive. Thank you for all you do!



"I have been a volunteer at Humber River for over 4 years. Now in my first year of Pharmacy school, I am grateful for the rewarding insight volunteering has given me into the healthcare field. Volunteering is a fantastic experience, and I would highly recommend it to anyone interested in the health sector or looking to play an essential role in the community"

Yvonne,
VOLUNTEER



"I am so happy to be back volunteering at Humber. I am grateful to have the opportunity to help others. Volunteering has been a rewarding and fulfilling experience."

Angelo,
VOLUNTEER



"Being a volunteer at HRH for 5 years, one of the things I liked best about volunteering is being able to give back to my community, meeting new people and interacting with patients and visitors. It feels rewarding to be able to provide support to patients in any way possible and develop a strong skillset in a healthcare setting."

Ashvini,
VOLUNTEER

Trainings, Orientation and Mentorship

We organized an educational workshop for our Resource Nurses that provided them with vital tools and insights to effectively support their teams, ensuring the delivery of quality, patient-centered care. We are fostering a culture of collaboration, confidence, and compassion.



HRH Excellence Recognition Awards

In 2024, Humber River Health launched the HRH Excellence Recognition Awards. Inspired by feedback from our 2022 Engagement Survey, this annual peer-to-peer recognition program was developed to expand our appreciation efforts and celebrate the exceptional contributions of individuals and teams within our organization. In 2024, the inaugural year, we received an overwhelming 162 nominations, reflecting the enthusiasm and commitment of our community.

The HRH Excellence Recognition Awards are back and accepting nominations. Any HRH staff or physician can nominate a colleague or a team for the HRH Excellence Recognition Awards by completing a nomination form. There are six award categories:

- Living Our Values
- Leadership Excellence
- Quality Care Excellence
- Service Excellence
- Equity, Diversity and Inclusion Excellence
- Innovation Excellence



To learn more about the HRH Excellence Recognition Awards or to nominate a colleague or a team, please click below.

[Click Here](#)

Dr. Steve Aaron Arshinoff – Appointee to the Order of Canada

We are pleased to announce that Dr. Steve Aaron Arshinoff has been appointed as an Officer to the Order of Canada. Dr. Arshinoff, a renowned ophthalmologist and valued member of our Department of Surgery since 1980, has been recognized for his exceptional contributions to the field of ophthalmology and his unwavering dedication to improving eye care both in Canada and around the world.

The Order of Canada is one of our nation's highest civilian honours, established in 1967 to recognize individuals whose outstanding achievements, dedication to the community, and service to the nation have profoundly impacted Canadian society. Dr. Arshinoff's appointment as an Officer is a reflection of his pioneering work that has revolutionized modern eye care practices and set new standards in the field. His innovations have saved and restored sight for countless individuals, leaving a lasting legacy in ophthalmology.

Beyond his remarkable contributions to medical practice, Dr. Arshinoff's compassion and commitment to serving others has been evident throughout his distinguished career. His leadership roles as Chief of the Division of Ophthalmology and Assistant Chief of the Department of Surgery at Humber River Health further underscore his dedication to excellence in patient care and healthcare innovation.

Having one of our physicians receive such a prestigious honour is a moment of great pride for all of us at Humber River Health. This achievement highlights the extraordinary talent, dedication, and impact of our hospital community.

Please join us in congratulating Dr. Arshinoff on this well-deserved recognition. His appointment to the Order of Canada is a testament to his exceptional contributions and is an inspiration to us all.



The Dr. John Hagen Annual Excellence in Medical Teaching Award

Congratulations to Dr. Lynn Sterling for being the recipient of the Dr. John Hagen Annual Excellence in Medical Teaching Award! Humber welcomes medical learner nominations annually for this award, which recognizes an exceptional Humber physician preceptor who has demonstrated outstanding performance in their role and exhibits a commitment to excellence in clinical education.

Thank you Dr. Sterling for creating a positive, encouraging and respectful learning environment for our learners!

