

# A MULTIDISCIPLINARY APPROACH TO CATHETER-RELATED BACTEREMIA CAUSED BY STENO IN HEMODIALYSIS PATIENTS

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### DESCRIPTION

OBJECTIVE

In Summer 2023, three cases of catheter-related bacteremia (CRB) were found in hemodialysis patients from blood cultures taken only a few days apart, highlighting a potential problem. Other cases arose overtime, with some severe enough to require emergency department care. The common causal agent was Stenotrophomonas Maltophilia (Steno), an antibiotic-resistant environmental bacterium, making treatment more complex and prevention of transmission a priority. This prompted a review, leading to several actions aimed at mitigating further patient risk.

### **ACTIONS TAKEN**

The following interventions were implemented:

- Multidisciplinary CRB working group was established to review cases and recommend interventions, involving Infection Prevention and Control, Vascular Access, Pharmacy, Data Analytics, and the Nephrology Care group
- Standardized case reviews, using Bacteremia Case Review Forms, supported in identifying case presentation trends and root cause analysis
- Environmental scan of Chlorhexidine/Alcohol Aliquoting practices of local renal programs
- Genotyping of cases to identify potential patient transmissions
- Drain cultures performed to determine whether dialysis drains were the source, which were negative

To reduce occurrences of CRB caused by Steno in Humber River Health's (HRH) hemodialysis patients.

- Standardized drain care through Dialysis Assistant competency review
- Environmental Services conducted monthly rounding to evaluate department cleaning practices
- Practices related to central venous catheter access and care were updated; changes were solidified through integration into annual staff skills days and unit policies

Nosocomial Bacteremia Case Review						
Patient Initials: Ag		e Sex Admission		Admitting		
Diagnosis		8	Date	Reviewed:	Reviewed	by:
PICC Line	Yes 🗆	No 🗆	Other Risk	Factors	Decubitus	Drains:
IJ	Yes 🗆	No □				
EJ	Yes 🗆	No □	Diabetes			
Subclavian	Yes 🗆	No □	Yes 🗆 🛛	No □		
Femoral	Yes 🗆	No 🗆				
Antecubital	Yes 🗆	No □	MRSA Colo	nization	Fund ( T ) This Fund ( A )	
	. 1		Yes 🗆 🛛	No □		564 V 672 .559 V 6173
Date Line Inserted: Physician			VRE Colonization		NN RR	
Date Line Removed:			Yes			00 00
Total line days:			Other Risk F	Factors	Location	Location
			Yes 🗆 🛛	No 🗆	specify	specify
			Specify			speeny
Insertion Location			Date temp $> 38$ Date of the positive blood cultures:		blood cultures:	
$  ICU \Box  $ Inpatient unit $\Box$				·	Set #1 date	site
ER 🗆	$OR \square$		Date WBC 4	>WBC>12	Set #2 date	
ICU 🗆	ER 🗆					
Rad □	Other $\Box$				Set #3 date	site
	S	респу			Organism Isolated:	
Other Positive Cultures Urine:			Was Line us drawing labs	ed for	Date drawn:	Date Unit notified
			Yes 🗆 🛛	No 🗆	Date Physician noti	fied





Figure 1. Bacteremia Prevention Case Review Form

Figure 2. Cases of Stenotrophomonas Maltophilia bacteremia in Hemodialysis patients.

#### **SUMMARY OF RESULTS**

The clustered appearance of CRB cases caused by Steno led to the formation of a multidisciplinary team to investigate the root cause of transmission and action interventions. Multifaceted mitigation strategies successfully decreased the number of Steno-related bacteremia between zero or one new case per month for most months into August 2024. This approach correlated with reduced Steno cases within HRH's hemodialysis patient population.

## **LESSONS LEARNED**

Multifaceted, multidisciplinary approach was required to combat CRB caused by Steno, as it is a complicated issue with several potential causal mechanisms.

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