

LEADING THE WAY

Digitalizing ECG Rhythm Strip Interpretations and Transmission into Patient EMR

Suzi Laj, RN, BScN, MHS; Claire Wilkinson, RN, BScN, MN; Maritess Payumo RN, BScN, MN; Kimberly Macias, RN, BScN, MN; Grace Mercieca; Claudia Mitchell, RN, MN; Shirley Goguen, RN; Leo Zhu, RN, BScN, MN; Ronak Gandhi, RN, BScN, MN; Evangeline Andaya, RN, BScN, MN

DESCRIPTION

At Humber River Health (HRH) an opportunity was identified to digitize existing processes regarding rhythm strip interpretation and record keeping. Traditionally at the end of every shift, nurses would print the rhythm strips for all of the patients in the Intensive Care Unit (ICU) and all patients on telemetry monitoring. When the patient was discharged, the printed rhythm strips would be scanned into the Electronic Medical Record (EMR) as part of the patient's chart. An opportunity was identified to digitize this process by transmitting the rhythm strips as PDFs to the EMR directly from the telemetry central stations.

OBJECTIVE

To implement a PDF to EMR process for rhythm strips utilizing a systematic approach to quality improvement.

ACTIONS TAKEN

A Plan-Do-Study-Act (PDSA) cycle supported the digitization of the rhythm strips transmission. Highlights of the key initiatives undertaken included:

- Held frequent team meetings with internal and external stakeholders.
- Creation of the staff education plan and materials.
- Developed EMR documentation changes.
- Developed an auditing system
- Implemented changes based on auditing and observations to ensure compliance with updated practices.
- Implemented ASA Desensitization Protocol Stakeholders were identified including Information Systems/ Technology Department, External Partners, clinical teams (ICU, Ongoing education to maintain Telemetry, Emergency Department, and NICU), and Health competency and capacity building Records. Team meetings were conducted with stakeholders to identify the process and review technical requirements. Meditech documentation changes were developed. Staff education plan was developed and implemented prior to updates. Technical changes were made Updated the telemetry central stations. by external stakeholders. ducation was provided through huddles, in-services, Meditech documentation handouts, and weekly email updates. changes were made to ensure Meditech changes went live. accuracy. Policies were revised to match updated practices.

Figure 1. PDSA Cycle.

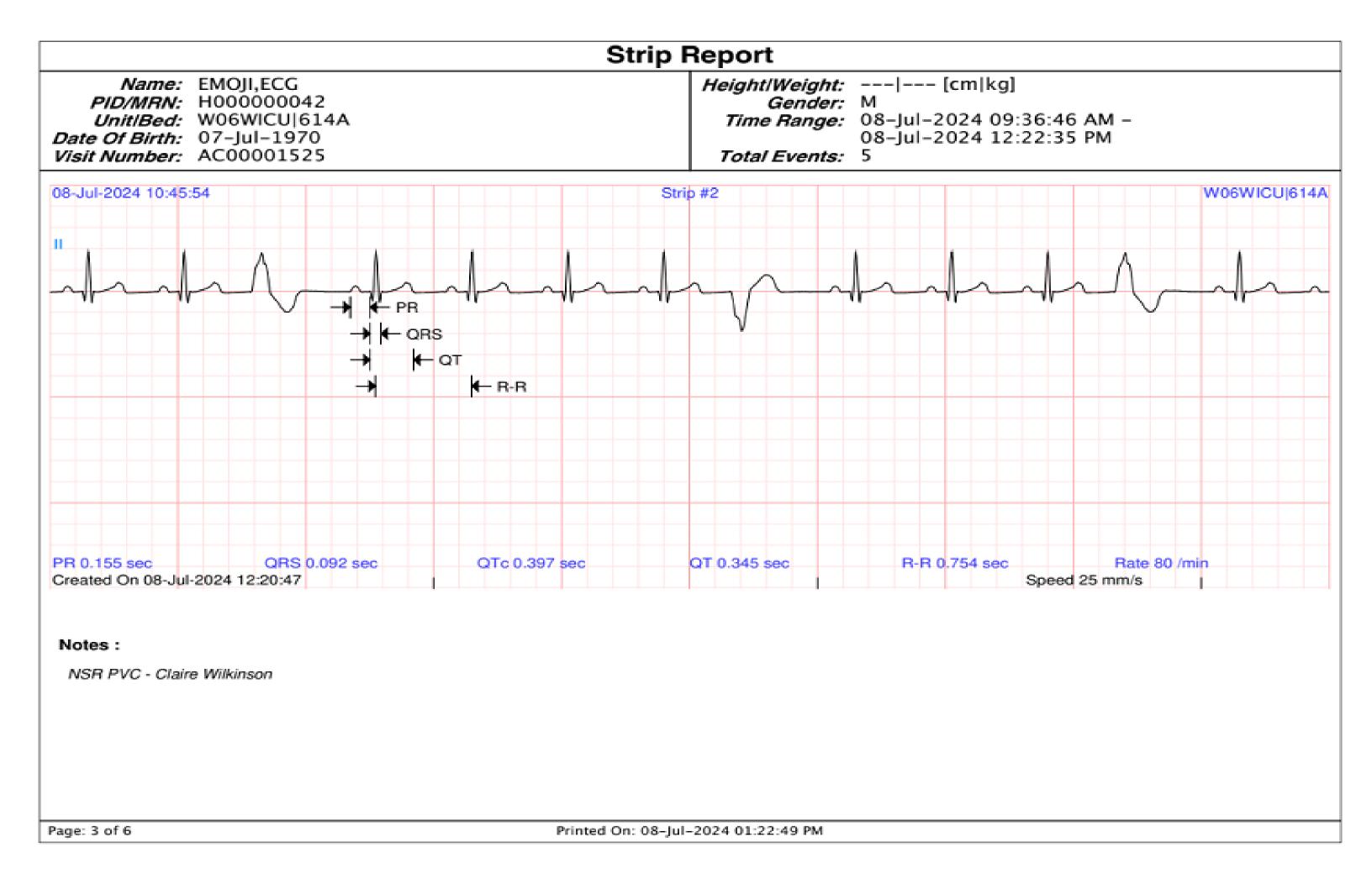


Figure 2. Example of PDF transmission of the rhythm strip.

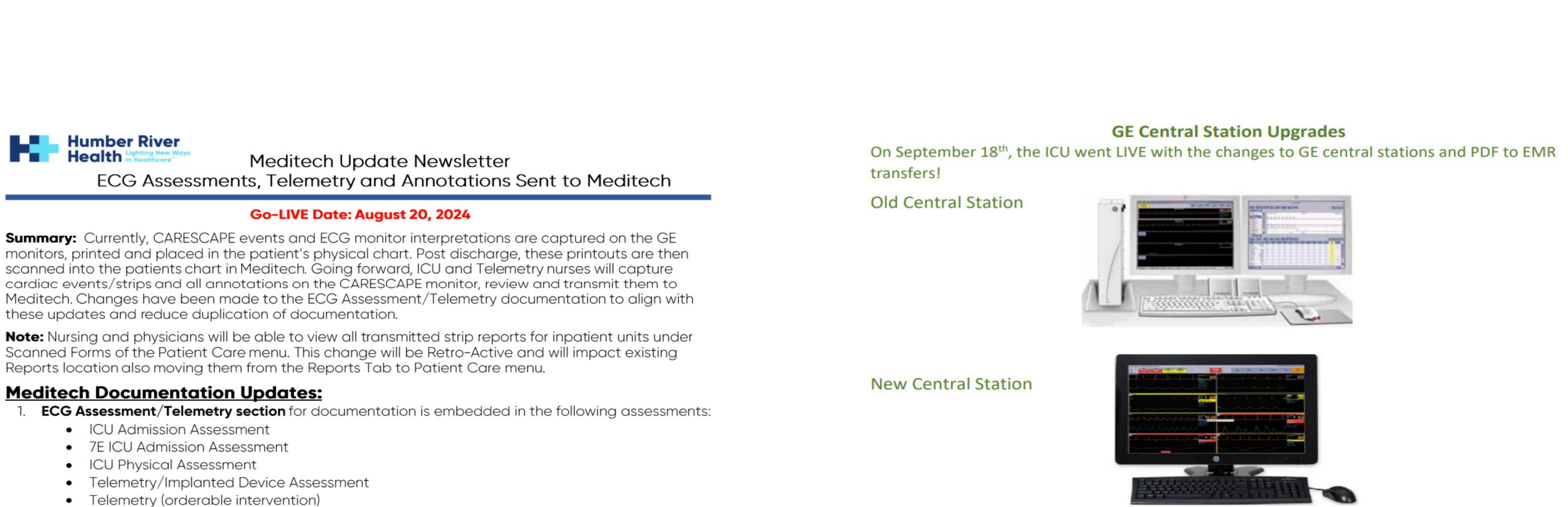


Figure 3. Examples of educational material created and disseminated.

SUMMARY OF RESULTS

Implementing a PDF to EMR process for rhythm strip interpretation within the ICU and telemetry units at HRH streamlined workflows and eliminated paper-based rhythm strips leading to a reduction in waste. Utilizing a systematic approach to implement the change ensured an agile rollout and provided the opportunity for ongoing stakeholder engagement and improvements. Through the success of this initiative in the ICU and the learnings obtained, this process can be leveraged to assist other departments at HRH.

LESSONS LEARNED

By utilizing a systematic approach involving frequent engagement with key stakeholders, developing staff education and implementing an audit process, the rhythm strips interpretation process was successfully digitized.