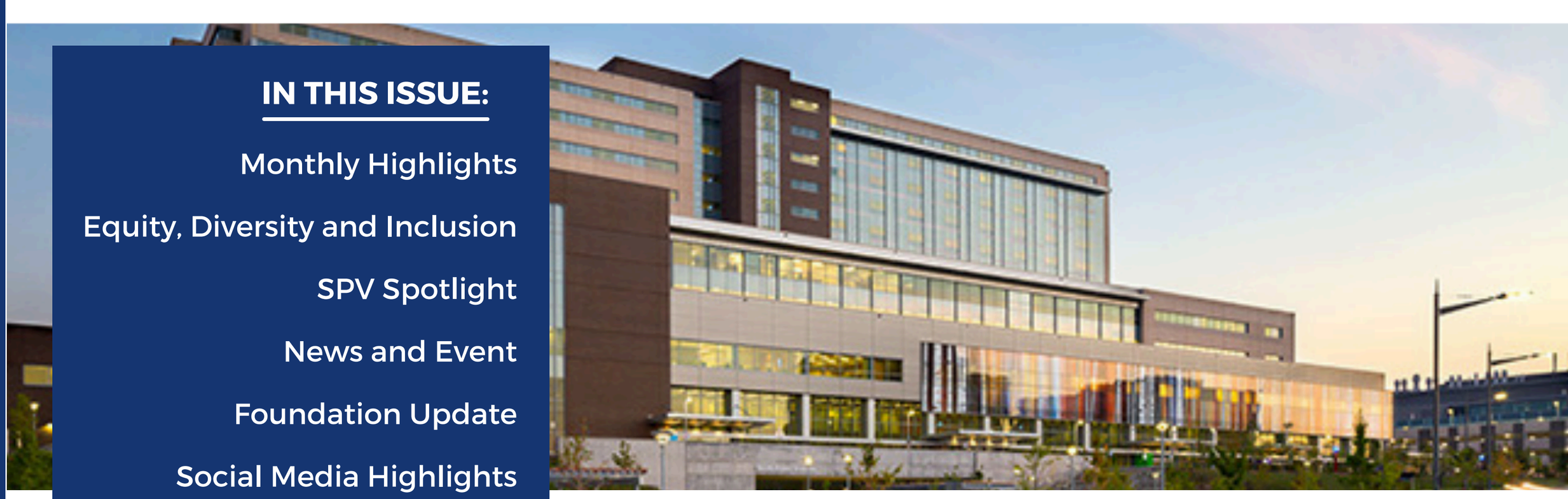
Humber River Health

INSIDE HUMBER

Humber is your hospital, these are your stories.



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Monthly Highlights

Humber River Health's 2023/2024 Annual Report

A message from Barb Collins, Michael Iacovelli, Nick Simone, and Sandra Sualim :

Over the past year, our collective journey at Humber River Health and Humber River Health Foundation has been defined by transformative growth, change and innovation.

We announced our 2023 – 2026 Strategic Plans and adopted our new name to reflect our growing presence within the community. This put us on course for a year marked by embracing change and continuing to boldly light new ways in healthcare.

Click here to read the full letter and view the Annual Report.

Click Here

New Humber River Health Magazine: Care Closer to Home

We are excited to announce the launch of Humber River Health's new magazine, Care Closer to Home, which was distributed throughout the community on Friday, June 14.

This magazine encompasses some of our diverse and innovative programs, reflecting our comprehensive approach to healthcare. It is designed to communicate Humber's status as a leader in innovation and the patient care offered locally through a contemporary yet accessible publication. Care Closer to Home emphasizes Humber's role in the community by demonstrating our core values of compassion, professionalism, and respect through careful and intentional articles and patient stories, while also highlighting the Hospital's commitment to equity, diversity, and inclusion.

These stories are a reflection of all your hard work and dedication to provide exceptional patient- and family-centred care. Thank you to all of you who continuously prioritize our mission of working together with our community to deliver innovative, safe and equitable healthcare. We hope that you enjoy it!

Read More

Launching PrecisionOS

We are proud to announce the integration of PrecisionOS, a cutting-edge market leader virtual reality platform, into our orthopedic operating rooms to enhance safety and efficiency through comprehensive team training. Recognizing the critical role of nursing in delivering safe and effective care, we will leverage PrecisionOS to empower our entire surgical team with advanced skills and knowledge.

Read More

Bringing innovative healthcare to life

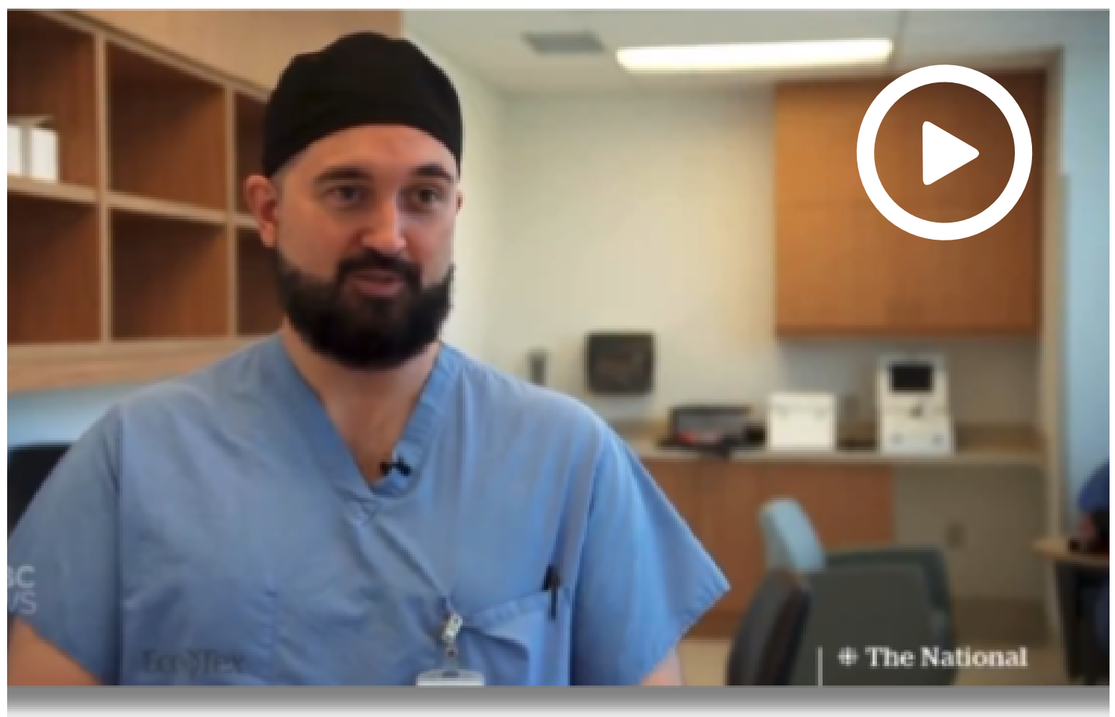
Humber is committed to harnessing the power of digital tools to revolutionize patient care. In Humber's pursuit of innovative healthcare, fundraising plays a crucial role. Through numerous fundraising initiatives, Humber utilizes the power of creativity, technology, and collaboration to raise vital funds for the ground-breaking, critical work done at the Hospital.

Read More

Leading Practices at Humber River Health

Health Standards Organization (HSO) and its affiliate, Accreditation Canada, have been identifying and publishing Leading Practices in the Leading Practices Library for over 15 years. Click here to view the Leading Practices at Humber that have been published in Health Standards Organization's Leading Practices Library.

Read More



Less pain, faster recovery: 2 new treatments for women suffering with fibroids

CBC News' Tashauna Reid visited our operating room to see how we use Hologic's Acessa ProVu® system, an innovative way to treat uterine fibroids in women. She met with Chief of Obstetrics and Gynecology, Dr. André LaRoche, who performed the first Acessa ProVu® procedure in Ontario in 2022.

Watch Here

Honouring the Past, Embracing the Future

The EDI leadership team at Humber engaged in an extensive review process, initiating dialogues with the Six Nations, Wendat, and Mississaugas of the Credit First Nation to gather their valuable insights. Efforts to improve our Land Acknowledgement ensured it reliably reflects the histories and contributions of the communities on whose traditional territories Humber River Health operates.

Read More

Humber's Going Green

Humber was constructed to embody a lean, green, and digital design. Our journey toward becoming the most environmentally friendly Hospital that we can be continues at our Church Campus. Our Church Campus engages in initiatives that lead to greener, more efficient operations. Click here to read more of our highlight of Canadian Environment Week from June 5 - 11.

Read More

These are warning signs for heat-related illness

Heat-related illnesses include heat cramps, heat exhaustion and even heat stroke, with Dr. Tasleem Nimjee, an Emergency physician at Humber, likening it to a ladder of symptoms.

Watch Here

Doc Talks: Dr. Maxim Ben-Yakov

Dr. Maxim Ben-Yakov is an Emergency Physician and Medical Lead for EMR Optimization who has been at Humber since 2018. In this interview, Dr. Ben-Yakov talks about his role, what he enjoys most about his work, and his new role as Medical Lead for EMR Optimization.

Watch Here

Equity, Diversity and Inclusion

June was a time to appreciate the heritage, history and resiliency of the First Nations, Inuit, and Métis peoples of Canada, as well as celebrate the pride, diversity, and resiliency of 2SLGBTQ+ communities.

Thank you to all staff, physicians and volunteers that participated in our Pride and National Indigenous History Month initiatives at Humber River Health. During the month of June, we facilitated in-person experiences for two webinars from the Canadian Centre of Diversity and Inclusion, hosted a Smudging Ceremony, welcomed the Canadian Centre for Gender and Sexual Diversity, and held an Indigenous Cultural Awareness Workshop led by the NCCT. Throughout the month, staff had the opportunity to learn from diverse lived experiences and participate in capacity-building initiatives.

Pride Month

The Pride Flag was raised at all three of our sites!

Finch Campus

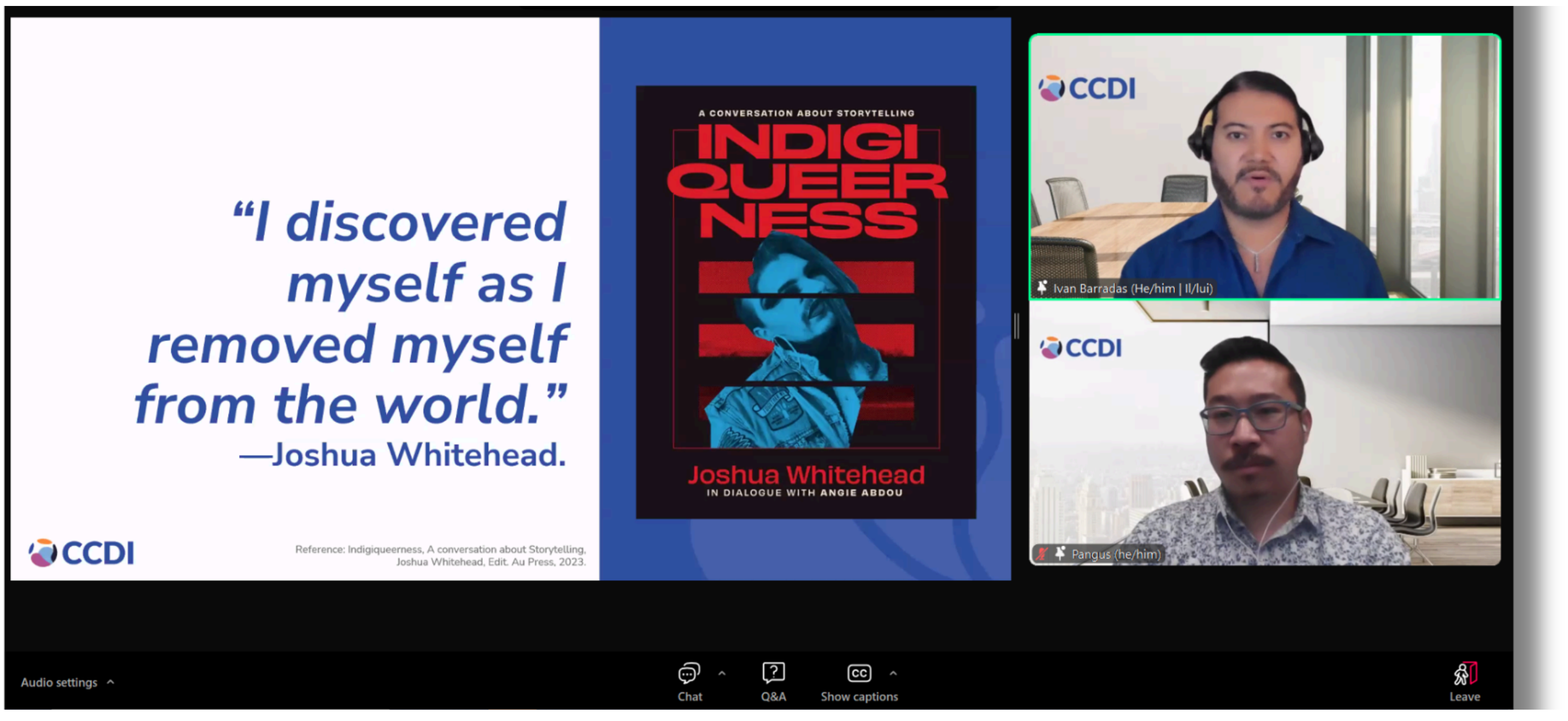
Church Campus

Wilson Hospital

2SLGBTQI+ Inclusion: Challenges in and strategies for the Workplace

Our staff, physicians, and volunteers were invited to participate in “2SLGBTQI+ Inclusion: Challenges in and strategies for the Workplace,” a webinar offered by the Canadian Centre for Diversity and Inclusion and hosted by Iván Barradas.

2SLGBTQI+ experiences have been at the core of diversity, equity, and inclusion conversations for a while. There is still a lot of work to be done to promote efficient workplace inclusion. This webinar provided the opportunity to discuss how to navigate inclusion for the 2SLGBTQI+ community in the workplace and beyond. Thank you to all those who facilitated and participated!



Gender Diversity and Creating Inclusive Spaces: What’s Next?

On June 18, our staff, physicians, and volunteers had the opportunity to participate in “Gender Diversity and Creating Inclusive Spaces: What’s Next?” - a workshop hosted by the Canadian Centre for Gender and Sexual Diversity and facilitated by Ahmed Abdallah and Janani Suthan.

During the workshop, participants gained ideas on how to integrate principles of gender inclusion into their work with patients and colleagues through understanding the benefits of inclusive environments and the impacts of non-inclusive environments for gender diverse people. We thank Ahmed Abdallah and Janani Suthan for sharing their time and insights and being brilliant facilitators for our SPVs!

National Indigenous History Month

CCDI Webinar - Indigenous History Month

On June 4, our staff, physicians, and volunteers were invited to participate in “Succession planning for Indigenous professionals in Canadian workplaces,” a webinar hosted by the Canadian Centre for Diversity and Inclusion (CCDI) and Indigenous Works.

In this session, participants heard from a panel of Indigenous experts, including Starrlee DeGrace, Karen Mackenzie, and Evelyn Steinhauer, as they shared their insights and experiences on navigating pathways to leadership within Canadian workplaces.

The panelists explored how organizations can implement robust succession planning frameworks that support and retain Indigenous talent and demonstrate their commitment to inclusivity and reconciliation.

Smudging Ceremony

To commemorate National Indigenous History Month, we had the pleasure of inviting all staff, physicians, and volunteers to participate in a Smudging Ceremony in our Wilson Team Revolution Piazza on June 24.

The ceremony was facilitated by Zechariah James from the Native Canadian Centre of Toronto and Chrystal Tabobandung, Founder of R.A.I.S.E Indigenous Cultural Awareness and Competency Training, and was both moving and spiritual for those who took part.

Indigenous Cultural Awareness Workshop

Following the Smudging Ceremony, staff, physicians, and volunteers had the opportunity to also take part in an Indigenous Cultural Awareness Workshop. Participants learned about the seven grandfather teachings, the four traditional medicines (tobacco, cedar, sage, and sweetgrass), colonialism, historical events, terminology and misconceptions, reconciliation, and allyship.

SPV Spotlight

World Food Safety Day - June 7

World Food Safety Day is celebrated on June 7 each year to draw attention and inspire action to help prevent, detect and manage food-borne risks. At Humber, we are dedicated to ensuring optimal safety in food preparation for our patients. Click below to see what happens when a patient orders food.

Watch Here

Men's Health Month

This Men's Health Month, Dr. Kunuk Rhee, our Chief of the Department of Family & Community Medicine, explains that preventive care is an essential element of healthcare as it aims to detect and stop diseases before they start.

Watch Here

Accounts Payable & Financial Reporting Day - June 18

The Financial Reporting Team plays a crucial role in producing Humber River Health's financial statements. This dedicated and dynamic team is responsible for account reconciliations, management, management team and the Humber organization as a whole.

The Accounts Payable Team is essential to Humber's business operations by fulfilling its financial obligations in an efficient, timely, accurate and secure manner. Their primary role is to process payments to vendors, physicians, staff and other entities.

International Women in Engineering Day - June 23

June 23 was International Women in Engineering Day, where we recognized the important role of women in STEM and celebrated their contributions to shaping the future of healthcare. To all our women engineers, we celebrate you!

Occupational Health and Safety Month

June was Occupational Health and Safety (OHS) Month, a dedicated time to emphasize the importance of maintaining a safe and healthy workplace for all our staff, physicians, and volunteers. At Humber, the well-being of our community is our top priority, and this month served as a reminder of our ongoing commitment to creating a secure and supportive environment. Thank you to the OHSW team!

National Logistics Day - June 28

National Logistics Day is celebrated on June 28 every year to honour the work of the hardworking professionals in the logistics sector.

At Humber River Health, our logistics team plays a vital role in keeping our hospital running seamlessly. From shipping and receiving to meticulous organization and distribution, their efforts ensure efficient healthcare delivery. Thanks for everything you do!

Community Paediatrics Clerkship Teaching Award

Congratulations to Dr. Manal El Sayed who has won the 2022-2023 Community Paediatrics Clerkship Teaching Award from the University of Toronto's Department of Paediatrics. The Community Paediatrics Clerkship Teaching Award is awarded to a community paediatrician who has demonstrated excellence in clerkship teaching.

The comments received from her students included:

- "Exceptional teacher, effective feedback."
- "Very caring, provides time and empathy toward her patients."
- "Always receptive to questions and teaching, even amidst a heavy workday, she made sure that I was learning and understood the complexity of the patients."
- "Best preceptor in my medical education thus far."

Volunteer Association's Annual General Meeting - June 6

Humber River Health's Volunteer Association held their Annual General Meeting (AGM) on June 6. In the past year, we have had 567 active and onsite volunteers who have contributed approximately 52,634 hours of service to our Hospital. The Volunteer Association leads many initiatives that dedicate proceeds to purchase hospital equipment to enhance patient care. We thank them for their generous donation of $180,000, towards the 2023-2024 pledge of $400,000 for the purchase of essential capital equipment.

Best Oral Paper Presentation - HPCO Annual Conference

Congratulations to Beatrise Edelstein, our Vice President of Post Acute Care & Health System Partnerships, and Dipti Purbhoo, Executive Director of Dorothy Ley Hospice, who won Best Oral Paper Presentation for the Hospice@Home Initiative at the Hospice Palliative Care Ontario (HPCO) Annual Conference.

First Annual Patient and Family Advisors Forum - June 19

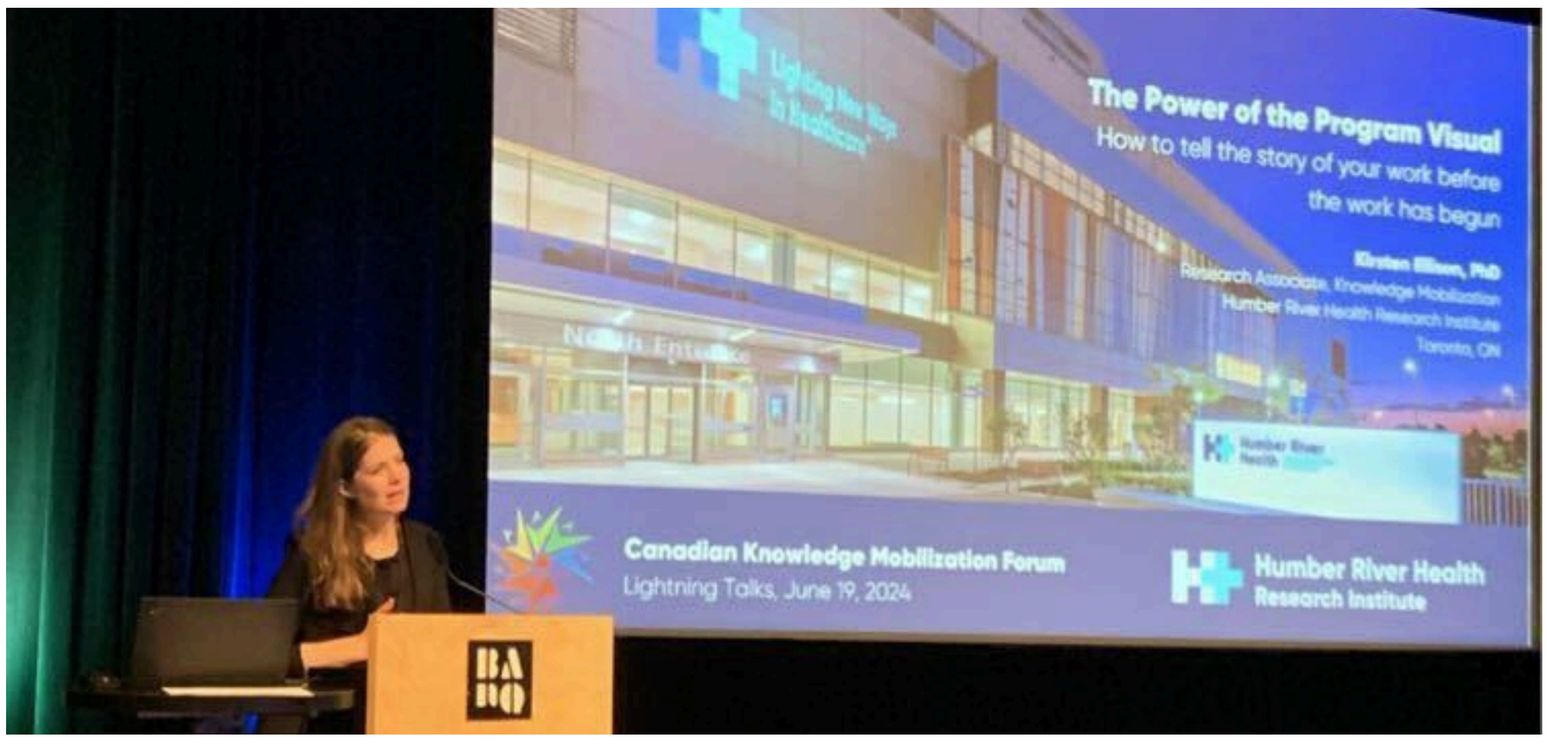
On June 19, we hosted our first annual Patient and Family Advisors Forum to celebrate and highlight the continued partnerships with our Patient and Family Advisors, and their dedication to enhance quality and patient safety at Humber. Patient and Family Advisors have been continuously supporting our commitment to maintain a patient-centred approach through consultation, involvement, partnership, and shared leadership. Patient and Family Advisors are a significant part of our organization's journey. Thank you for everything you do!

Board of Directors Annual General Meeting (AGM) - June 19

On June 19, we successfully held our AGM where we introduced our 2023/2024 Annual Report. We express our appreciation to our staff, physicians, volunteers, Board of Directors, donors, and community who empower our organization to achieve our vision of Lighting New Ways In Healthcare.

Canadian Knowledge Mobilization Forum - June 19

On June 19, Dr. Kirsten Ellison, our Research Associate in Knowledge Mobilization, presented at the Canadian Knowledge Mobilization Forum hosted by Research Impact Canada. Dr. Ellison shared an innovative visual tool developed by our Research Institute to communicate the full scope of our research.



Long Service Awards - June 25

On June 25, we held our annual Long Service Awards in our Wilson Team Revolution Piazza, honouring our dedicated staff who have reached significant milestone years of service.

We also presented awards to the winners of the Al Palladini Awards and the Dr. John Hagen Humanitarian Scholarship, as well as the newly introduced HRH Excellence Recognition Awards. Congratulations to all the recipients! Thank you for your commitment to Lighting New Ways in Healthcare. Please see all of the winners below.

Click here to view all of the photos: Click Here

Al Palladini Education Fund Winners
Sharon Fernandes, Asiya Ahmed Mian, Joselyne Hernandez, Dario Moscoso, Rebecca Murillo, Paulina Sieczka, Japnaam Kamboj and Archana Niraj

Dr. John Hagen Humanitarian Scholarship
Winner: Meghanaben Joshi

HRH Excellence Recognition Awards

Living our Values Award - This award recognizes those who have championed HRH values of compassion, professionalism and respect in their day-to-day work.

Staff Recipient: Mamta Modgil

Physician Recipient: Dr. Tina Kerelska

Leadership Excellence Award - This award recognizes those who have demonstrated exceptional leadership abilities in their day-today roles.

Staff Recipient: Grace Mercieca

Physician Recipient: Dr. Lesley Hawkins

Equity, Diversity and Inclusion Excellence Team Award: This award recognizes a team that champions and supports equity, diversity and inclusion initiatives, as well as champion these practices in their day-to-day work. In addition, a team that demonstrates, through their actions, leadership or innovation, a culture of equity, inclusivity and belonging.

Recipient: Medical Imaging: Breast Health Team

Recipient: Chemical Dependency Program Team

Innovation Excellence Award: This award recognizes a team that has demonstrated excellence using a user-centric approach in innovative practices and quality improvement to streamline business processes, leverage technology or pursue creative solutions in their day-to-day work.

Quality Care Excellence Team Award - This award recognizes a team that is committed to providing exceptional care to patients in their day-to-day work practices: those who use teamwork to improve processes and exceed expectations, and demonstrates the values of their team.

Recipient: Birthing Unit - Flow and Assessment of C-Section Team

Service Excellence Team Award - This award recognizes a team in a corporate support service role that has demonstrated exceptional service delivery through subject-matter expertise and work performance.

Recipient: Innovation Excellence

Foundation Update

Thank You from Split the Pot!

Split the Pot will be launching a brand new initiative starting on June 24 and running to July 8. If you have purchased a ticket in the past, you can enter for free for a chance to win cash prizes. This is a thank you for supporting Split the Pot and Humber River Health.

1 winner will take home $5,000 with a matched donation to the Hospital of the winners' choice and 5 winners will take home $1,000 with a matched donation to the hospital of choice.

Submit your information below and verify your address to receive an entry.

Read More

Transforming Knee Replacements with the ROSA Knee System

Miriam shares her inspiring journey of overcoming initial setbacks and finding exceptional care with Dr. Justin Chang and the ROSA® Knee System. Her story of rapid recovery and newfound confidence will leave you amazed. Click to read more about Miriam's transformative experience and the cutting-edge innovations making it possible.

Read More

Awesome Volunteers

HRHF is looking for volunteers for our annual Awesome Invitational Golf Tournament presented by Pace Law. This event helps to raise critical funds for the areas of greatest need at Humber River Health, including our renowned Robotic Surgery Program. Join us in creating an unforgettable experience while supporting a great cause. Sign up today and be part of something special!

Read More

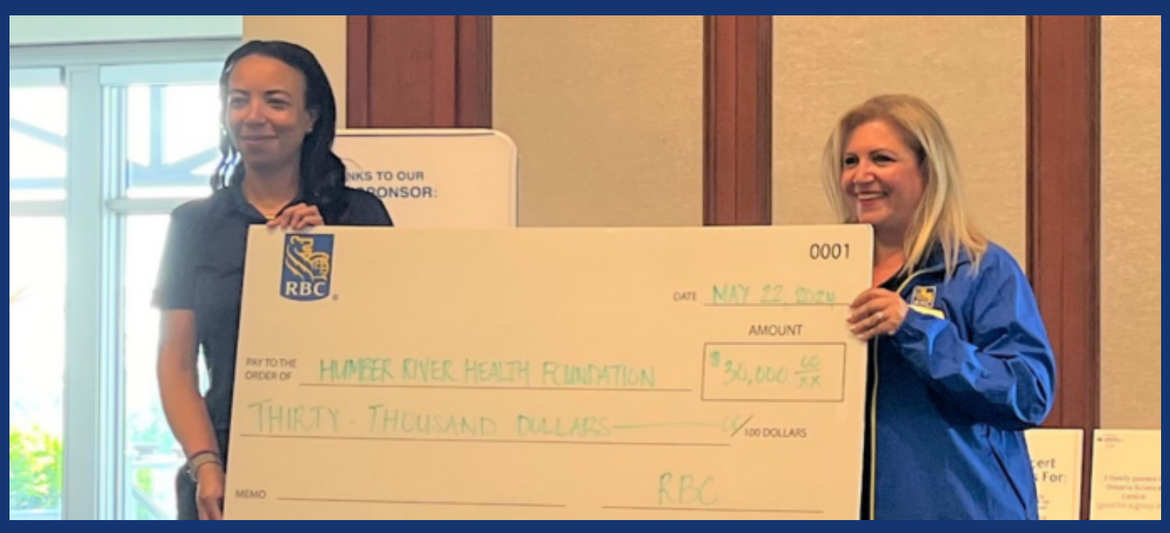
Casting Call

We are thrilled to share that the casting call for our new brand spot was a huge success! Over 100 enthusiastic staff members and volunteers stepped up, eager to spend their day helping us highlight the incredible work being done at Humber River Health! A heartfelt thank you to all our future stars!

Community Events

RBC Golf Tournament

On May 22, the RBC Charity Golf Tournament took place at Angus Glen Golf Club and raised $30,000 in support of Humber's Child and Adolescent Mental Health Urgent Care Clinic.



Naccarato Golf Tournament

In early June, the fourth annual Naccarato Golf Tournament took place at Deer Creek Golf Club, in loving memory of Tony Naccarato, who received care at Humber River Health. To date, the event has raised $25,556 for the Cancer Care Clinic.

The Naccarato Family would like to thank Dr. Sabrina Allegro and the entire Cancer Care team for their hard work and dedication in providing the very best in patient care to our community.

Read More

Upcoming Community Events

Rustic Bakery Golf Tournament

Rustic Bakery is holding their second annual Golf Tournament and Dinner on Wednesday, June 26 at Royal Woodbine Golf Club. They are proud to support Humber River Health once again, in honour of Seniors Care!

Read More

Parkdale Novelty is 80 years young!

On Thursday, July 11, between 11:00 a.m. – 3:00 p.m., Parkdale Novelty is hosting a BBQ to celebrate their 80th anniversary. This local business is just down the street from Humber (44 Colville Rd.) and all staff are encouraged to attend for an afternoon of delicious food, fun activities, and even a special visit from Pepper!

For 80 years, Parkdale Novelty has always been about children and their love of toys! All proceeds raised will be donated to the Paediatric Department at Humber. If you are unable to attend and would like to contribute to this event, please click below to donate.

Click Here

Rustic Bakery Golf Tournament

The 18th annual Yusuf's Day of Hope will take place on Sunday, July 21, between 12:00 p.m. – 5:00 p.m, at Paul Coffey Park. This fun-filled afternoon is in honour of Yusuf, who has 3 rare genetic disorders. The event will include delicious food, games, face painting, door prizes, and much more!

Funds raised at this event will be donated to the Schulich Centre for Family Medicine (FMTU). Yusuf's parents, Imam Imran and Kameeza Ally, hope that this small but sincere initiative will not only give back to our community but also build awareness of the importance of investing in healthcare, close to home.

If you are unable to attend and would like to contribute to this event, please click below to donate.

Click Here

Gifts of Gratitude

Gifts of Gratitude is our grateful patient program, created to give Humber patients and their families another way to thank a nurse, doctor, staff member, or department. When a donation is made in honour of someone at Humber River Health, they receive a special recognition pin and personalized card, and the donation helps future patients receive great care.

Congratulations to everyone at Humber River Health whose exceptional care inspired a donation in the last month:

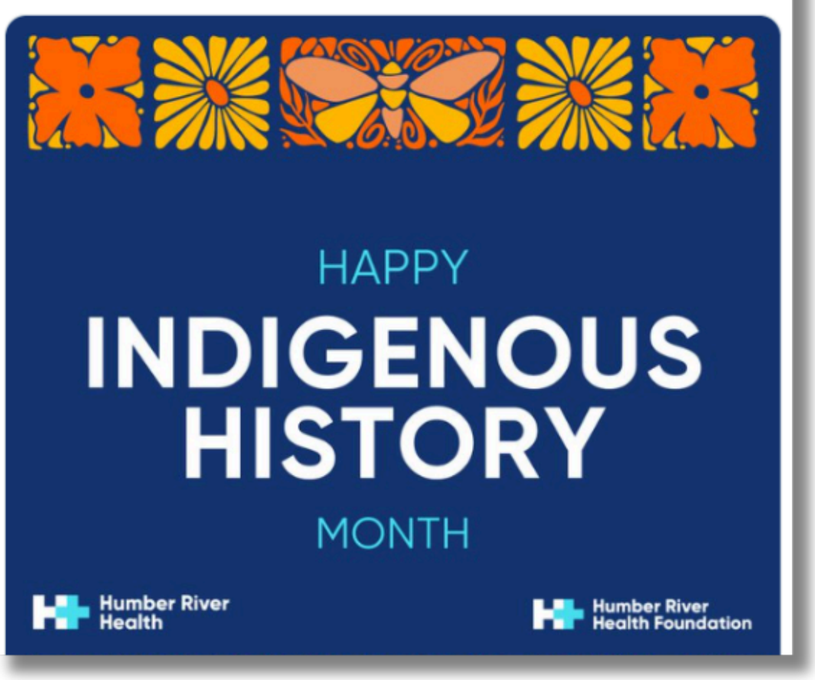
Dr. Olubukunola Ayeni, Cancer Care 13W, Dr. Barry Cayen, Dr. Sagar Desai, Lucine King-Nibbs, Dr. Peter Kong, Dr. Douglas Ng, Janice Pound, Urology Department

Social Media Highlights

Humber River Health
@HRHealth_

Indigenous History Month recognizes the rich history, resilience and diversity of First Nations, Inuit and Métis Communities. It is a time to honour the stories and achievements of Indigenous Peoples, who have lived on this land since time immemorial.

tinyurl.com/3xtsjywf



Humber River Health
@HRHealth_

Today marks the beginning of Pride Month, where we celebrate and renew our commitment to building a more inclusive and equitable community.

Humber River Health @HRHealth_ · Jun 16

Happy Father's Day to the fathers and male figures who have had a positive and influential impact on our lives. Today and always, we express our appreciation to the men who have been our heroes and role models.

Humber River Health
@HRHealth_

Embracing gratitude as we embark on this meaningful journey! Our dedicated nursing team is filled with appreciation for the opportunity and the invaluable learning experience provided by our Simulation-based Orientation Program. Together, we're ready to make a difference!

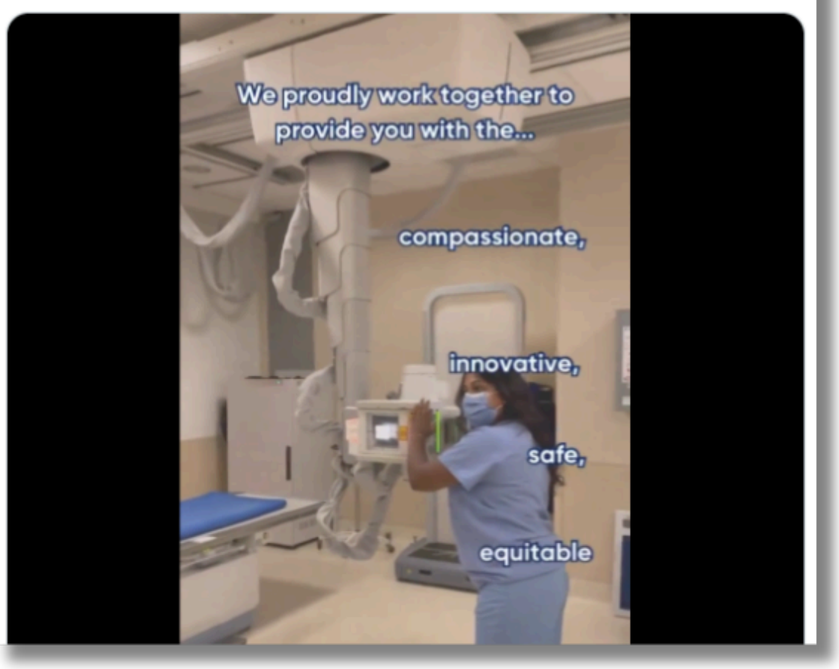
Humber River Health
@HRHealth_

Today, over 40 leaders of our programs and services participated in the Annual Pandemic Planning Table Top exercise. This ensures we remain prepared and are actively meeting our accreditation obligations. Great job to all who participated! #EmergencyPreprearedness

Humber River Health
@HRHealth_

Our staff, physicians, and volunteers are committed to providing our patients with the compassionate, innovative, safe, and equitable care that they deserve.

But please remember our staff, physicians, and volunteers are human too. Kindness goes a long way.



July Calendar

Tibetan Heritage Month

July is a significant month for the Tibetan community. By proclaiming the month of July as Tibetan Heritage Month, the province of Ontario recognizes the contributions of Tibetans in all aspects of Ontario society. Tibetan Heritage Month provides an opportunity to promote and preserve Tibetan cultural heritage while educating future generations about the significant roles that Tibetan-Canadians have played and continue to play across Ontario.

Religious/Spiritual Days

JULY 8 - 9	**Martyrdom of the Báb** is a day when people of the Bahai faith have a day off of work to commemorate his death.
JULY 9	**Chökhor Düchen** is the first turning of the Dharma Wheel and celebrates the Buddha's first teaching of the "Four Noble Truths" after his enlightenment.
JULY 16 - 17	**Ashura** is a celebration for Sunni Muslims as they remember the parting of the Red Sea by Moses and the martyrdom of Husain Ibn Ali
JULY 21	**Asalha Puja (Dharma Day)** is a Buddhist festival that pays homage to the Buddha and his first sermon and the founding of the Buddha's Sangha - four noble truths.

Special Offer for Humber SPVs: National Bank Open!

>>>>>>>>>> August 4 - 12

Save on National Bank Open tickets in Toronto with the special promo code: TO24HUMBERRIVER

To buy tickets online using the promo code, scan the QR code or click the link below!

Save up to 25% on tickets! Only select seating levels available for purchase. Excluding Monday Night finals.

SCAN ME

OR CLICK HERE

- **Choose the applicable session(s), select your seats and check out. The discount will already be applied.**
- **Alternatively, you can also call 1-877-283-6647 ext. 1 or email tickets@tenniscanada.com to purchase tickets with your discount promo code.**