Humber River Health

INSIDE HUMBER

Humber is your hospital, these are your stories.

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Monthly Highlights

Deputy Minister of Health Deborah Richardson Visits Humber - March 6

We were pleased to welcome newly appointed Deputy Minister of Health Deborah Richardson, her team, and members from Ontario Health to tour our Hospital. We visited our Command Centre, Pharmacy Department, patient rooms, as well as our Robotic Surgery and Intervention Radiology (IR) Suites. We showcased our innovative, quality care processes that allow us to deliver safe, integrated, equitable care to our diverse patient population.

Engineering in Innovation Excellence

In collaboration with the Department of Mechanical and Industrial Engineering at the University of Toronto, Humber has welcomed five groups of student engineers to work with the Hospital for the 2023/24 school year.

Read More

Brain Health Awareness Month

In honour of Brain Health Awareness Month, Neurologist Dr. Adam Patterson has shared his advice on how we can keep our brains strong and healthy.

Watch Here

Child Life Month - CTV News

CTV News' Pauline Chan visited our Pediatric Day Surgery Clinic to learn about our exciting and unique Child Life Program that helps improve the overall surgery experience for children and their families. Humber's Child Life Specialists help guide young children through different surgical challenges.

Watch Here

SPV Spotlight

Employee Appreciation Day - March 1

On March 1, we recognized our dedicated staff, physicians and volunteers in honour of Employee Appreciation Day! We are grateful for your continued drive for excellence in the safe, compassionate and innovative care you provide for our community. Thank you for all you do!

Social Work Week - March 4 - 10

Social Workers play a pivotal role in helping patients and families address and navigate the impact(s) of illness and treatment. Mena Kamel and Kristy McGarva, Social Workers at Humber River Health, have provided insight and shared their thoughts on what this year's Social Work theme means to them.

Read More

International Women's Day - March 8

March 8 marked International Women's Day, a global day to recognize and celebrate women and girls' social, economic, cultural, and political achievements. It is also a time to raise awareness of the progress made towards achieving gender equality and the work remaining to be done.

This year's theme is **Invest in Women: Accelerate Progress**, a call to action and a reminder that through empowering girls and women in our communities, we can improve equality and increase inclusivity.

Invest in Women: Accelerate Progress

A couple of our SPVs spoke about how we can empower the girls and women in our community.

Watch Here

Leading with Care: How Women Are Shaping the Future of Long-Term Healthcare

Read about how Beatrise Edelstein and Kathleen Kirk have driven innovation and improvement in the future of long-term healthcare through a remote monitoring initiative.

Read More

Black Creek CHC Cancer Awareness Session

Our Breast Health Department was honoured to make another appearance at Black Creek Community Health Centre Cancer Awareness Session for International Women's Day on March 16. Their ambassadors provided information and resources to our community, recognizing the importance getting screened and staying informed.

The session focused on breast health, screenings, and our services offered at Humber.

Canadian Women Physicians' Day - March 11

Canadian Women Physicians' Day recognizes the contributions and achievements of women in medicine. We express our gratitude to our women physicians for their ongoing support, dedicated work, and for being pillars of inspiration, making positive impacts in the lives of others.

National Telephonists Day

On March 10, we highlighted our Switchboard Team, who are available 24/7. With their extensive hospital knowledge, they are required to locate all on-call physicians and clinicians, and to connect our internal and external callers to the correct destination. We appreciate all that they do!

Appreciating Pharmacy Services

The Pharmacy Department at Humber is comprised of a dedicated group of professionals who have pivotal roles in patient-centred care. Pharmacy initiatives include Procurement, Infusion Pump Drug Library Guardrails, Sustainability, IV Workflow, Alert Fatigue and Antimicrobial Stewardship. Click here to learn more about these initiatives.

Read More

Pharmacy Appreciation Month

Our Pharmacy Department consistently provides safe, effective, and quality-based medication use in innovative ways throughout the Hospital. Their team is comprised of a dedicated group of professionals who have pivotal roles in patient-centred care.

This encompasses knowledge and expertise that has allowed for an array of activities and initiatives to flourish, all aimed at enhancing patient care and improving overall operational efficiency. Thank you to our talented Pharmacy team for all the work you do!

Nutrition Month and Registered Dietitian's Day - March 20

On March 20, we celebrated Registered Dietitian's Day to recognize the diverse roles Registered Dieticians (RDs) play in influencing the well-being of Humber's patients. RDs undergo years of education and training to provide evidence-based, safe and culturally inclusive nutrition therapy. RDs believe in the power of food and nutrition to enhance lives. Thank you to our RDs!

According to Angela Le, the most rewarding aspect of being an RD is seeing the significant impact of nutrition in a patient's clinical status, recovery, quality of life, and overall health outcomes.

Angela Le
Registered Dietitian

Simulation-Based Orientation Program

We are committed to providing staff with the best possible training through our Simulation-Based Orientation Program. We are proud to support both newly hired and existing staff in developing the skills and confidence they need to succeed in delivering exceptional patient care.

News and Events

Transition Care Unit opens at Humber River Health - March 6

March 6 marked the official grand opening of the Transition Care Unit (TCU) at Humber River Health's Church Campus. Humber's Nephrology Program currently performs approximately 62,000 hemodialysis treatments annually. At the Church Campus, we offer comprehensive services including the General Nephrology Clinic, Home Hemodialysis Services, the Multi-Care Kidney Clinic, and now, the Transition Care Unit. Click here to read the full story.

Read More

Award for Meritorious Service in Public Health: Jennifer Yoon

We extend our warmest congratulations to Jennifer Yoon, our Deputy Chief Nursing Executive, Vice President of Quality, Professional Practice, and Risk. Jennifer has been honoured with an award for her meritorious service in public health as a Korean Canadian. This prestigious accolade will be formally presented at the 38th Korean Award Ceremony, set to take place on Saturday, May 4. Jennifer's award recognizes her significant contributions to the healthcare sector, particularly her extensive research, policy work, and leadership within the healthcare community.

With a career spanning over two decades, Jennifer's impact on healthcare policy, patient safety, and professional development is truly commendable. As she continues her journey at Humber, Jennifer remains a beacon of inspiration and excellence within our organization and the broader healthcare community.

World Kidney Day - March 14

This World Kidney Day, our Nephrology Program prepared activities for staff, volunteers, patients, and visitors at our Wilson Hospital and Church Campus to share the importance of kidney health and create an awareness of preventative behaviours and risk factors to prevent kidney disease.

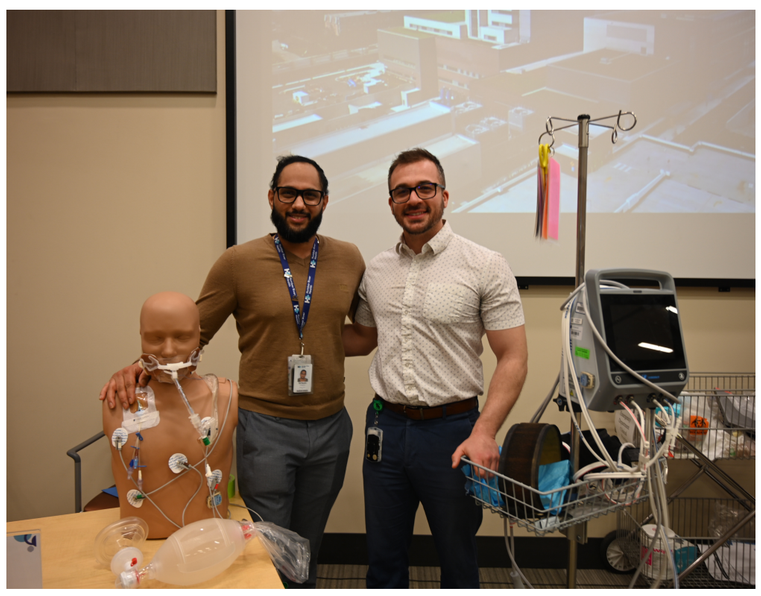
This year's theme was **"Advancing equitable access to care and optimal medication practice,"** recognizing the need to overcome barriers to save kidneys, hearts, and lives. Thank you to all who participated!

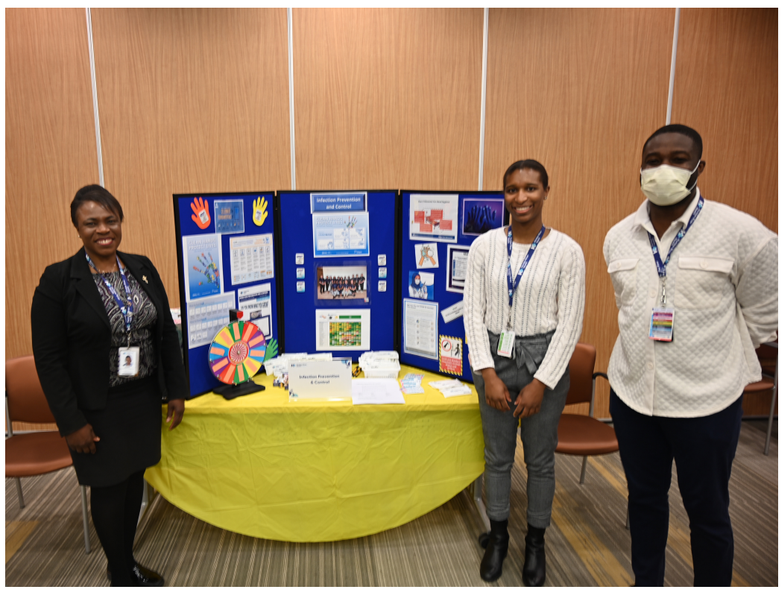
Easter Weekend

In March, our Pediatric Surgical Daycare and Children's Inpatient Unit received a visit from "Crafting for a Cure" in celebration of Spring and Easter. Thank you to all staff, physicians, and volunteers who worked during the holiday weekend!

Pre-Grad Nursing Open House - March 14

Humber hosted our open house for pre-grad nursing students. This opportunity allowed for individuals to network, meet department managers, human resources, professional practice and more.





HIMSS Global Health Conference and Exhibition

In March, our Chief Information Officer, Dr. Peter Bak, participated in a panel session "**Simplifying Care Orchestration with AI**" at Healthcare Information and Management Systems Society (HIMSS) with GE Healthcare. He discussed ways to unburden the provider using LLM for text generation/summarization and content relevancy, and clinical documentation improvement using AI assisted coding.

He also shared topics related to empowering patients for better engagement, medical literacy and self-management, while sharing our initiatives like ScaleAI, FirstHX, RYA, Healix, and our Command Centre.

Best Practice Champion Workshop - March 20

We spearheaded the Best Practice Champion Workshop on Pressure Injury Assessment and Management and International Pressure Ulcer Prevalence (IPUP) Survey on March 20. This initiative is aimed at empowering our nursing staff, students and clinical practice leaders to elevate patient care.

Foundation Update

Big Freedom: How Home Dialysis Gave Suzana the Life She Dreamed Of

Suzana was only 41 when, despite transplants at ages 3 and 18, her kidneys failed and she learned she would need hemodialysis. A surprise discovery while watching television introduced her to home dialysis.

Thanks to the generous support of our donors, Humber's new Transitional Care Unit (TCU) makes home dialysis even easier by helping patients learn how to do this more comfortably and conveniently at home.

Read More

Iftar Dinner Raises Over $30k for Schulich FMTU

In the Islamic faith, Ramadan is a sacred time marked by self-reflection, prayer, and acts of charity. It is a period of spiritual rejuvenation and a reminder of the importance of compassion and generosity towards those in need.

This year, Humber's SPVs and donor community came together to celebrate Ramadan with our second annual Iftar Dinner where we raised over $30,000 in much needed funds for Humber's Schulich Family Medicine Teaching Unit.

Read More

Humber's incredible robotics showcased on CP24 Breakfast to promote Split the Pot Lottery!

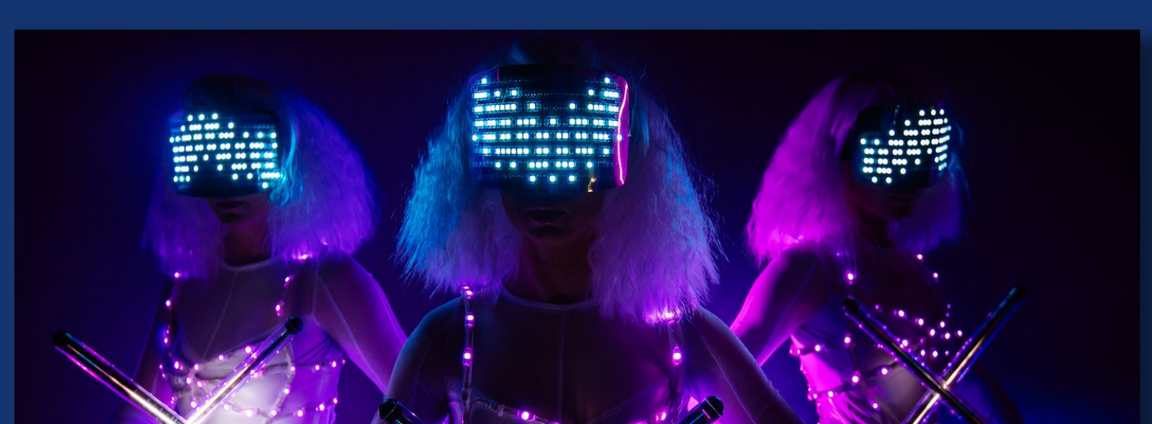
On March 19, Humber River Health Foundation CEO Sandra Sualim, orthopaedic surgeon Dr. Sebastian Rodriguez-Elizalde, and our ROSA® knee replacement robot were featured on CP24 Breakfast, promoting Humber's robotics program in support of the Split the Pot Lottery.

Watch Here

Don't miss out on this year's River Ball – get your tickets today!

Bask in the glow of some of our sensational talent at this year's River Ball in support of Humber River Health's Apotex Emergency Department.

With music from DJ Prodigy and performances by Northfire Circus Glow Show, hosted by Breakfast Television's Devo Brown, this is an event you won't want to miss!



Get Tickets

Rising Philanthropic Leaders go All In For Humber!

All In For Humber! was and incredible night, hosted by our Rising Philanthropic Leaders (RiPL). Thanks to the generous support of attendees, we were able to raise **over $70,000 for Humber's Intensive Care Unit (ICU).** Events like All In For Humber play a crucial role in enabling us to swiftly respond to surges in patient admissions, ensuring timely relief and support for both patients and their families.

A very big thank you to our donors and our generous event sponsors **msi Spergel Inc., Upper Crust, and Gardiner Roberts LLP.** Congratulations to our prize winners: **Loiue Infusino (Speducci Basket)** and **Edward Lee (Wine Package).**

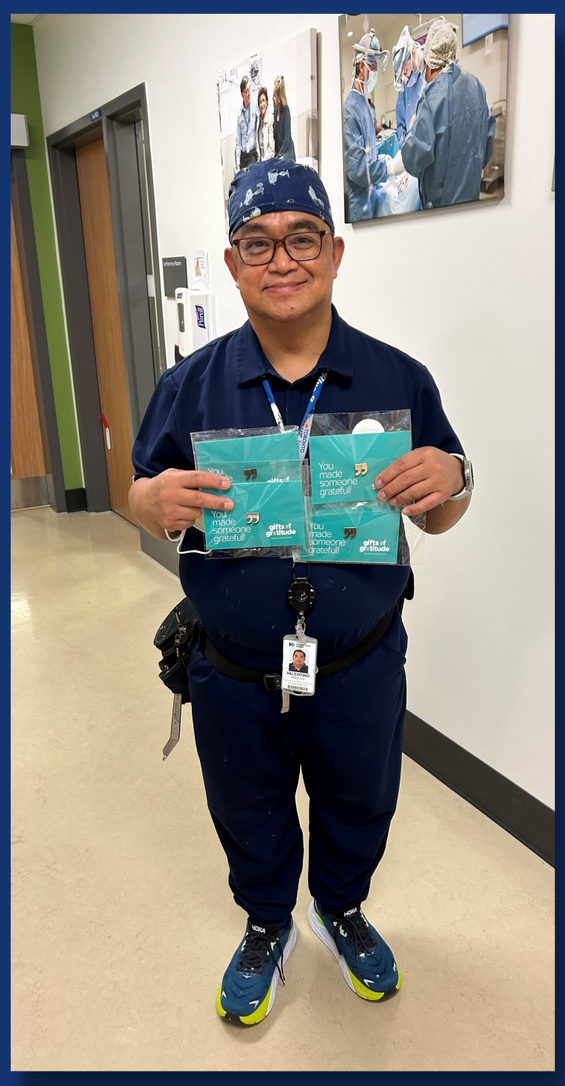
View Photos

Gifts of Gratitude

Gifts of Gratitude is our grateful patient program, created to give Humber patients and their families another way to thank a nurse, doctor, staff member, or department. When a donation is made in honour of someone at Humber River Health, they receive a special recognition pin and personalized card, and the donation helps future patients receive great care.

Congratulations to everyone at Humber River Health whose exceptional care inspired a donation in the last month:

4th Floor Surgical Clinic Nurses, Wintana Alemseged, Valentino Arboleda, Dr. Jack Barkin, Dr. Robert Bauer, Mindy Bhogal, Birthing Unit, Dr. Justin Chang, Barb Collins, Cancer Clinic, Jessica Farebrother, Dr. Luke Fazio, Floor 9 East, Joe Gorman, Dr. Stephanie Halman, Dr. Oliver Heimrath, Dr. Mehdiya Hemani, ICU, Dr. Mara Jones, Dr. Sally Kenawy, Dr. Laz Klein, Sara Luna, Dr. Diana Magee, Veronica Mendez, Angie Neil, Rhoda Nunoo, Hanan Nur, Dr. Charles Radzinski, Dr. Stephen Reed, Jason Rego, Dr. Abraham Reinhartz, John Reyes, Paula Reynolds, Dr. Sebastian Rodriguez-Elizalde, Dr. Herpreet Sohi, Dr. David Starr, Sandra Sualim, Dr. Guatam Sudan, Gurvir Tiwana, Dr. Socrates Vozoris, Dr. Rick Zarnett.



Best of Italy Wine Tasting Event

The Best of Italy Wine Tasting event is on Monday, May 6, 2024 at the Liberty Grand Entertainment Complex. Join us for this unique and immersive experience in support of Humber River Health Foundation!

Presented in partnership between Gambero Rosso and Liberty Entertainment Group, this event showcases some of the best Italian wines available. Guests will be able to taste over 150 of Italy's highest-rated and best-value wines that have been presented the esteemed Tre Bicchieri ("Three Glasses") award. Guests will also enjoy a true taste of Italian cuisine to compliment the wine tasting.

Get your tickets now for an event not to miss!

Get Tickets

Black History Month - Gift Box Winners

Visitors of the International African Medical Innovators Exhibit had the opportunity to win prizes by participating in a quiz. The lucky winners of the prizes were: **Grygoriy Chorniy, Janelle Van Halteren and Alexia Rookwood. Congratulations!**

This year's gift boxes were from the Foodpreneur Lab and features products made by Black-owned businesses. Foodpreneur Lab is the only Canadian Black-woman founded and led non-profit with a national mandate to advance racial and gender equity in the food sector. For more information, please click here.

Click Here

Social Media Highlights

Humber River Health Foundation @HRH_Foundation · Mar 8

Last year on International Women's Day, WINK members came together and voted to support the new Hospice@Home Pilot Project with their combined gift of $65,000.

From hrhfoundation.ca

Humber River Health @HRHealth_ · Mar 9

#EmergencyPreparedness is one of our top priorities to keep patients and staff safe. Thank you @Toronto_Fire for a successful Mock Code Red Fire/Green Evacuation, completed with ICU, Security and Facilities staff, and Student Volunteers, who posed as patients and family members.

Humber River Health @HRHealth_ · Mar 18

Meet Humber's Very Own Shirley Goguen, an I.S. Analyst and Nurse who has worked at Humber for over 20 years!

"Humber has been my community hospital and workplace for so long. I wanted to be an HVO member to show my thanks and give back."

Learn more at humbersveryown.ca 🧡

Humber River Health @HRHealth_ · Mar 20

Our Smilezones, created by the @smilezone4kids and donated by the Maple Leafs Alumni, help us spread happiness in our Pediatric Day Surgery Clinic.

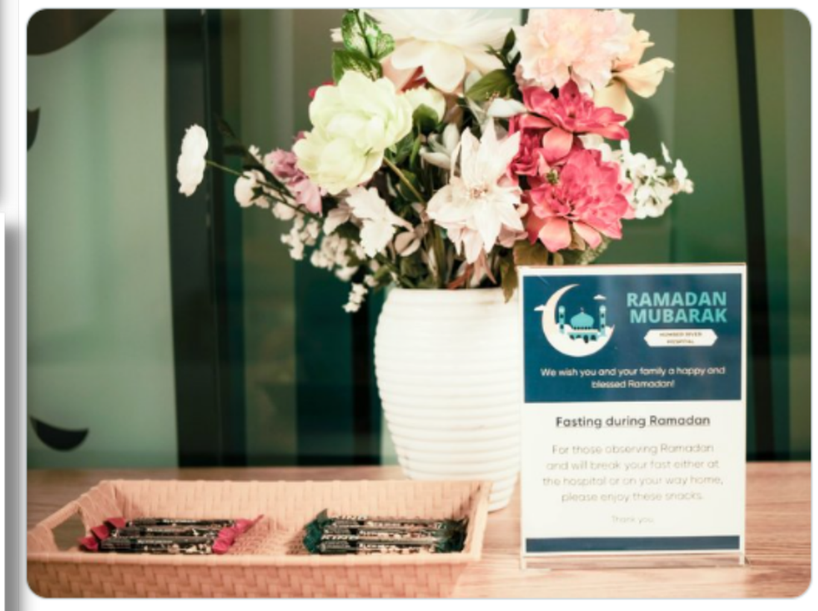
Surgery can be a scary time and our Smilezones help improve this experience for children and families. #InternationalDayOfHappiness

Humber River Health
@HRHealth_

Our Occupational Health, Safety and Wellness Department regularly conducts tuberculosis (TB) tests for our staff, physicians, and volunteers. #WorldTBDay

Humber River Health
@HRHealth_

This year, Ramadan is observed from March 10 to April 9. To support our staff, physicians and volunteers observing Ramadan, we have compiled a basket filled with healthy snacks available in our Spiritual Care Centre for those breaking their fast after sunset. #RamadanMubarak🌙



Humber River Health
@HRHealth_

It was a pleasure to be joined by Matthew Anderson and Wilfred Cheung from @OntarioHealthOH at our Board of Directors Meeting. Together, we discussed ways we support and deliver safe and equitable care to all by helping them navigate Ontario's health system.

Humber River Health
@HRHealth_

Happy #EasterWeekend2024 to everyone celebrating! Thank you to the #HRh team working this weekend to provide the care for our patients and families. Have a safe #LongWeekend