Humber River Health

INSIDE HUMBER

Humber is your hospital, these are your stories.

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Monthly Highlights

Interview with Dr. Adam Patterson

Dr. Adam Patterson is a neurologist who has been at Humber River Health for five months. In this interview, he discusses his role, why neurology peaked his interest, and what he enjoys most about his work. Click below to watch Dr. Patterson's full interview.

Watch Here

Why be a RecT?

Recreation Therapy, also known as Therapeutic Recreation, is a rewarding career that has a positive impact on the lives of patients. The Recreation Therapists (RecTs) at Humber are knowledgeable and compassionate individuals who use recreation, leisure, and play as tools to engage patients in meaningful therapeutic activities.

Read More

Black History Month with Humber's Volunteers

The volunteers at Humber are an integral part of the organization, making a positive difference in the lives of our diverse staff, physicians, patients, and visitors. This Black History Month, some of Humber's volunteers have shared their thoughts on what fostering diversity and celebrating Black history and culture means to them.

Read More

Interview with Dr. Howard Berger

The Maternal Fetal Medicine (MFM) Program is a subspecialty of obstetrics that provides pregnancy care to women who have higher-risk pregnancies. This year, our goal is to expand our MFM Clinic and help even more patients by purchasing a dedicated, leading edge ultrasound machine! Dr. Howard Berger, Head of MFM, spoke about the program in this video.

Watch Here

Black History Month

You can find all of the content and highlights from Black History Month 2024 below:

Videos

Samuel Aikulola - Registered Nurse

Watch Here

Joan Myers-Harrison - Resource Person

Watch Here

Blogs

Jenice Lewis - Clinical Practice Leader (CPL)

Jenice Lewis is a Clinical Practice Leader (CPL) for our Renal Dialysis Unit and has been at Humber for nine years. This Black History Month, Jenice shared her thoughts on what it means to celebrate Black history and culture, and the importance of recognizing diversity in our healthcare settings.

Read More

Evelyn Twum - Patient Relations Representative

Evelyn Twum is a Patient Relations Representative who has been at Humber since December 2022. This Black History Month, Evelyn shared her thoughts on what it means to celebrate Black history and culture, and how diversity in healthcare leadership impacts patient care and hospital culture.

Read More

Leslie-Ann Bailey - Social Worker

Leslie-Ann Bailey is a Social Worker in our Apotex Emergency Department and has been with the organization for almost five years. This Black History Month, Leslie-Ann shared her thoughts on what advice she would give to young Black professionals aspiring to pursue a career in healthcare.

Read More

Sandra Sualim - President and Chief Executive Officer (CEO), Humber River Health Foundation

Sandra Sualim is the Chief Executive Officer (CEO) of the Humber River Health Foundation. This Black History Month, Sandra shared her unique journey, as well as the importance of recognizing and fostering diversity within our organizational culture.

Read More

Social Highlights

Patrice Clayton - Clinical Practice Leader (CPL)

Patrice Clayton is a Clinical Practice Leader (CPL) for our Church and Finch Campuses, who started at Humber in October 2023.

According to Patrice, diversity in healthcare leadership significantly impacts patient care in a positive way. “Patients tend to relate and feel cared for when they see healthcare providers that look like them,” explains Patrice. “Patients would be more apt to seek healthcare for acute and preventative needs if they felt their unique needs were being met.”

To young Black professionals aspiring to pursue a career in healthcare, Patrice encourages them to never give up on hopes and dreams to make an impact in healthcare. “As Black professionals, we have a place here, and we need to illustrate the outstanding contributions we can make in improving patient health outcomes and satisfaction.”

Judene Stewart - Associate Director

Judene Stewart is the Associate Director of Corporate Engagement with Humber River Health Foundation.

According to Judene, diversity in all areas of healthcare is important and leadership is no different. “I think that patient care and hospital culture benefits when people see themselves reflected in the leadership,” explains Judene. “When people come to the hospital they are usually coming at their worst moments. To see people who may understand them, and their values can only help to alleviate their stress and anxiety.”

Judene celebrates Black History Month by participating in a few cultural activities happening in the city with family and friends. “Black History Month is only one part of continuous learning and growing for me.”

Joy McKenzie - Registered Nurse

Registered Nurse Joy McKenzie believes that diversity in the healthcare landscape is important to better understand patients. When patients feel understood and listened to, it allows for trusting relationships to develop, improving the quality care they receive.

Joy works to build trusting relationships with patients, families, and her co-workers through treating them with respect and leading by example.

Joy believes that Humber provides the respect and support needed to learn, grow, and be a better nurse. “By working together and learning from each other, together we are stronger.”

According to Joy, Black History Month provides a learning experience for her and her family, as she celebrates by going to various cultural events.

Events

On February 22, we held our 2024 Black History Month Event: **Celebrating Hometown Heroes**, which highlighted the outstanding contributions made by Black Leaders in healthcare and in our communities.

International African Medical Innovators Exhibit

Presented by the Canadian Multicultural Inventors Museum, this travelling exhibit highlighted the biographies and contributions made by African American, African Canadian, African British, Caribbean and African Innovators.

Black History Month Luncheon & Film Screening

We welcomed the Honorable Jean Augustine for a pre-screening keynote of her film **Steadfast: The Messenger and the Message.** This film chronicles her remarkable journey from Happy Hill, Grenada, to becoming the first Black woman elected to Canada's House of Commons and serve in the Federal Government. Thank you to everyone who participated in making the day a success!

Pride in Food Services Week - February 5 - 9

Our Food Services Department assists in supporting and improving the health and recovery of our patients. The team, comprised of 200 staff, takes pride in preparing over 2,500 safe and healthy meals for our patients every day. We thank them for the pivotal role they play in our patients' overall experiences, recovery, and well-being.

Resident Doctors Awareness Week - February 5 - 9

Resident Doctor Appreciation Week was February 5 to 9, 2024. Throughout Canada, the second week of February is dedicated to raising public awareness and expressing gratitude for our hardworking resident doctors.

As part of our festivities this year, we organized a special luncheon for residents. This event aimed to create a relaxed and enjoyable environment, allowing residents to connect with each other and unwind during a well-deserved break. Thank you to all who came out!

Dr. Andrew Lombardi

Dr. Andrew Lombardi is a PGY2 Oral and Maxillofacial Surgery (OMFS) Resident, who is concurrently completing a Master of Science (MSc) in the Division of Anatomy at the University of Toronto studying maxillofacial reconstruction with free tissue transfer.

Humber is one of the core rotations in OMFS training, where residents learn how to perform corrective jaw surgery, facial trauma surgery, and the surgical management of maxillofacial infections and pathology. Dr. Lombardi is grateful for the endless opportunities to learn.

International Day of Women in Science - February 11

The International Day of Women in Science promotes equal access to the participation of women in science, technology, engineering, and mathematics (STEM). We recognize and appreciate the positive impact women in STEM have at Humber to ensure our patients receive quality care.

Digital Learning Day

February 15 was Digital Learning Day. Our Digital Learning Team (DLT) consists of education specialists committed to developing and providing standardized corporate education across new and changing systems, technologies, and processes.

Cardiovascular Professionals Week

Cardiovascular Professionals Week was February 11 to 17. Our Cardiology Team consists of echo sonographers, registration and booking staff, nurses, cardiologists, office secretaries and cardiology technologists, who deliver quality care to our patients daily.

Human Trafficking Awareness Day

Human Trafficking Awareness Day was on February 22, a day to encourage Canadians to raise awareness of the magnitude of modern day slavery in Canada and abroad and to take steps to combat human trafficking. Jessica Fischler, a Registered Nurse in our Emergency Department, educates us on the importance of raising awareness on human trafficking and provides resources for those affected.

Watch Here

Psychology Month

Our psychologists play an integral role in caring for our patients, including children, adolescents, and adults. They assist with psychological assessments, diagnosis, group and individual therapy, program development, evaluation, and staff training.

Equity, Diversity & Inclusion

Important Reminder: ABR Listening Sessions: Anonymous Feedback Form

Thank you to all the staff, physicians and volunteers that participated in our Anti-Black Racism Listening Sessions. Though the Anti-Black Racism (ABR) Listening Sessions concluded on February 29, our Anonymous Feedback Form will remain open and accessible until March 29. This form provides an opportunity for you to anonymously share your experiences, insights, and suggestions for change. Your feedback will help inform our ongoing efforts to address racism, with a focus on anti-Black racism.

If you have any questions about this initiative, please email **ABRengagement@hrh.ca.**

You can access the feedback form here:

Click Here

Measuring Health Equity (MHE) Survey

On February 1, Humber River Health launched the Measuring Health Equity (MHE) Survey.

The voluntary survey, which supports the collection of patient demographic data consists of 13 core questions required by Ontario Health and a subset of optional questions carefully selected by Humber's MHE working group. This initiative aims to support hospitals and community health centres with promoting a system-level approach to health equity and evidence-based planning. The survey questions are comprised of various demographic variables including language, ethnicity and race, disability, gender and gender identity, sexual orientation, income, length of time in Canada, and education. The collected data will help our organization better understand the community we serve and identify potential inequities in quality care, patient access, and health outcomes.

For more information about this initiative, please direct inquiries to the resource page on our website. Please click below.

Click Here

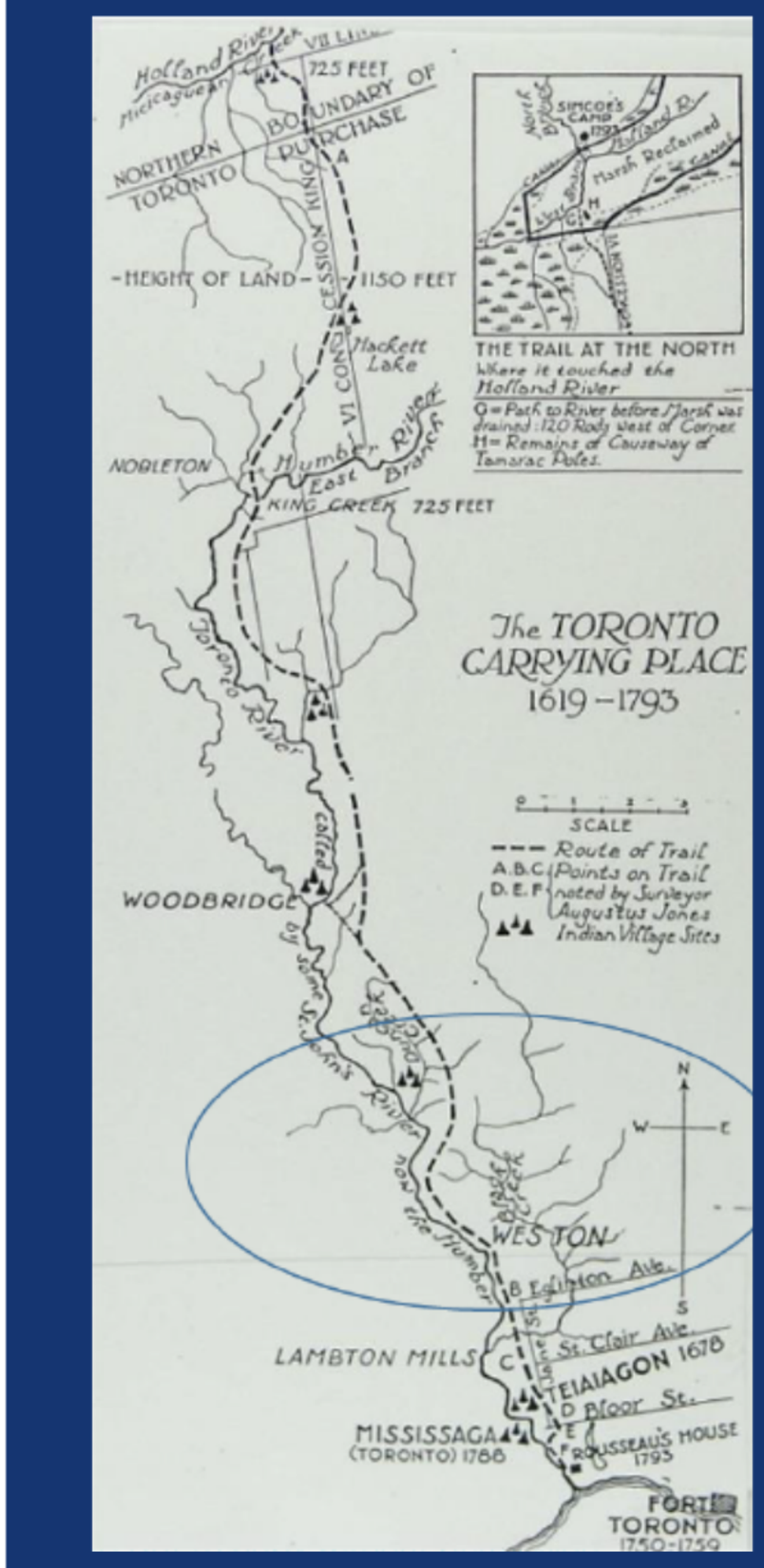
As a staff, physician or volunteer (SPV) of Humber, you are encouraged to help promote the MHE Survey and support patients should they have questions about this important initiative. The survey is made available to all patients through the Patient Portal (My Humber Health). To support the launch, SPVs will have access to a video tutorial explaining where and how to access the survey, as well as a FAQ brochure with responses to frequently asked questions to assist in navigating patient questions and concerns. Both can be accessed on iHumber here.

Patient demographic data is imperative to increase access to services and improve the quality of care delivered in our community. We appreciate your support in this initiative and your ongoing commitment to ensure all patients receive the innovative, safe, and equitable healthcare they deserve.

Updated Land Acknowledgment

Below, you will see our updated Land Acknowledgment. To download the image below, or to access our “Guide to a Land Acknowledgment” please click here or visit the EDI page on iHumber.

Click Here

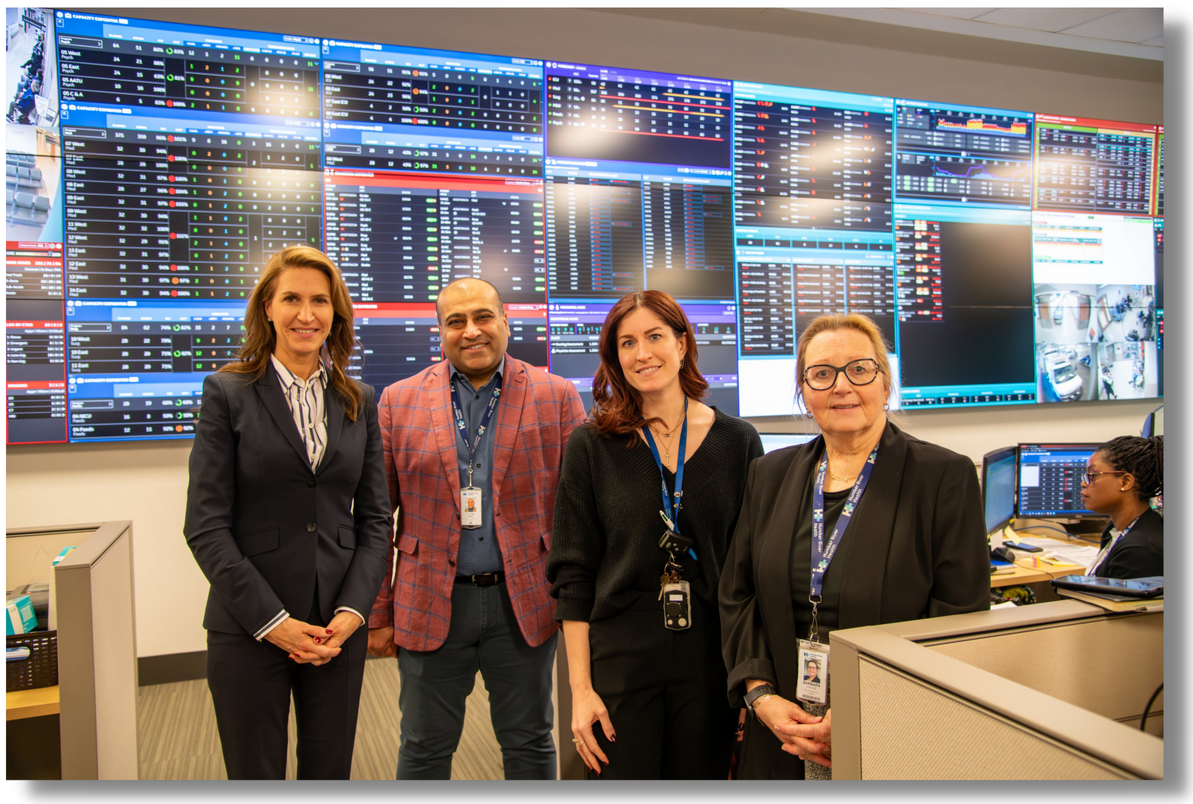


I (we) wish to acknowledge this land on which Humber River Health operates is the Treaty 13 lands and territory of the Mississaugas of the Credit First Nation and the traditional territory of the Wendat and the Haudenosaunee. Today, this meeting place is still the home to many Indigenous people from across Turtle Island and we are grateful to have the opportunity to work on this land. In the spirit of Truth and Reconciliation, we at Humber River Health, strive to improve the health and wellness of all peoples on the lands we serve. We pledge to provide exceptional care, and deliver healthier communities through our values of compassion, professionalism and respect.

News and Events

Hon. Caroline Mulroney Visits Humber - February 6

Minister Caroline Mulroney, President of the Treasury Board, met with us to tour our Command Centre. We were pleased to have the opportunity to show how it brings together data, analytics and human input to support patient safety and better health outcomes.



Career Fair - February 12

On February 12, our Human Resources team visited Toronto Metropolitan University to take part in their Graduating and Alumni Career Fair. Thank you to everyone who participated and came to visit!

CAMRT Award of Excellence Recipient - Amanda Maertens

Amanda Maertens is a Medical Radiation Technologist specializing in Magnetic Resonance Imaging (MRI). Amanda recently won the Canadian Association of Medical Radiation Technologists (CAMRT) Award of Excellence for obtaining the highest mark on the 2023 certification examination for Magnetic Resonance. The Award of Excellence is presented annually to MRT students who achieved the highest score on the previous year's certification examinations in their discipline.

The accelerated MRI program offered by Mohawk College was an intensive program with both didactic and clinical portions, that Amanda completed in about seven months. "It was a challenging, but very rewarding experience," Amanda explained.

Humber River Health One of World's Best Smart Hospitals 2024

Humber River Health was honoured to be named one of the World's Best Smart Hospitals for the year 2024. This recognition is a testament to our collective commitment to excellence, innovation, and compassionate care.

This acknowledgment comes after a thorough evaluation by Newsweek and Statista, which included input from medical experts, patient experience surveys, hospital quality metrics, and patient-reported outcome measures. Our inclusion in this list highlights the significant strides we have made in integrating technology and innovation in advancing the care we provide.

Together, we will continue to make significant impacts on the health and well-being of the diverse community we serve. To view the full list, click here.

Click Here

Valentines Day

On February 14, the Humber River Health Foundation set up a special Valentine's Day booth where Humber's staff and physicians who have been honoured with a Gift of Gratitude donation could pick up their personalized cards and special pins – like a candygram but with even more heart!

HRH Excellence Recognition Awards

- Reminder that our nomination period for our **Excellent Recognition Awards** is still open and will remain open until **April 30, 2024.**
- As part of this awards program, you have the opportunity to nominate teams for one of the four categories.
- If you know of a deserving team, nominate them now!

Award Categories	Definition	Eligibility	Nomination Form
Quality Care Excellence Team Award	This award recognizes an HRH team that is committed to providing exceptional care to patients in their day-to-day work practices: those who use teamwork to improve processes and exceed expectations, and demonstrates the value of their teamwork in a measureable or observable way.	Any HRH team within a patient care setting (eg. inpatient, outpatient)	Quality Care Nominate a team now
Equity, Diversity & Inclusion (EDI) Excellence Team Award	This award recognizes a team that champions and supports EDI initiatives as demonstrated through their actions, leadership or innovation to foster a culture of equity, inclusivity and belonging.	Any HRH team	EDI Excellence Nominate a team now
Innovation Excellence Team Award	This award recognizes a team that has demonstrated excellence using a user-centric approach in innovative practices and quality improvements to streamline business processes, leverage technology or pursue creative solutions in their day-to-day work.	Any HRH team	Innovation Excellence Nominate a team now
Service Excellence Team Award	This award recognizes a team in a corporate support service role that has demonstrated exceptional service delivery through subject-matter expertise and work performance.	Any HRH team within a corporate support service roles *i.e. EVS, Food Services, Patient Transport, Human Resources, IT, Finance*	Service Excellence Nominate a team now

For more information on our Excellence Recognition Awards, click here.

Click Here

Pink Shirt Day - February 28

On Pink Shirt Day, we raise awareness for a major problem affecting our schools, workplaces, homes, and online landscapes: bullying. We wore pink to raise awareness and show support for anti-bullying initiatives, and to help encourage a more kind and inclusive world. Thank you to those who participated and wore pink on February 28!

Benefits Information Booth - March 14

Human Resources will be partnering with Co-Operators Group to set up a booth on **March 14, 2024, Wilson site, Level 0, across from RBC:**

For benefits and pension – 11:30 a.m. – 1:00 p.m.
For group auto and home insurance – 10:00 a.m. – 2:00 p.m.

Mark the date in your calendar and come visit us!

Social Media Highlights

Humber River Health
@HRHealth_

ICYMI: Members of our Cancer Care Patient and Family Advisory Council launched a local peer support program. #WorldCancerDay

Members of the PFAC showcased the local initiative at a national oncology conference held by the Canadian Association of Nurses in Oncology (CANO).

Humber River Health
@HRHealth_

Today marks the beginning of #BlackHistoryMonth - a time to honour and celebrate the history, contributions and diversity of People of African, Caribbean and Black descent.

Humber River Health
@HRHealth_

Today, we extend our warmest wishes to everyone celebrating #LunarNewYear.

As we welcome the #YearOfTheDragon, we wish everyone a happy, healthy, and prosperous new year filled with joy, unity, and success.

Humber River Health
@HRHealth_

Last week, members from our Finch and Church Campuses collaborated with key internal stakeholders to discuss and map an efficient After-Hours Transfer Process, working together to ensure quality and patient safety, while supporting patient flow and health system needs.

Humber River Health Foundation
@HRH_Foundation

Meet Humber's Very Own Jordan Taylor!

"Humber is home to me. I was born here, my family works here, and my daughter was born here. I've had nothing but beautiful experiences here and I'm able to show my thanks by being a member of HVO."

💙 Join today! humbersveryown.ca

Humber River Health Foundation
@HRH_Foundation

Congratulations to the nurses, doctors, and staff whose exceptional care inspired a donation this month! More pin presentation photos can be found on our Facebook page: facebook.com/media/set?vani...

💚 Learn more at giftsofgratitude.ca

Humber River Health
@HRHealth_

Yesterday, we held an Interprofessional Preceptor/Mentorship Workshop that allowed for collaboration and knowledge-sharing among preceptors and mentors. We are excited to take proactive steps towards improving patient care through professional development opportunities like this.

Humber River Health
@HRHealth_

Sending a warm welcome to our new staff, who recently participated in their orientation, which focused on evidence-based practice education. We are excited to work together to make a positive difference in the lives of those we serve. #LightingNewWaysInHealthcare

Humber River Health Foundation
@HRH_Foundation

Meet Humber's Very Own Mary Gibson, a Registered Nurse who has worked at Humber for almost 40 years!

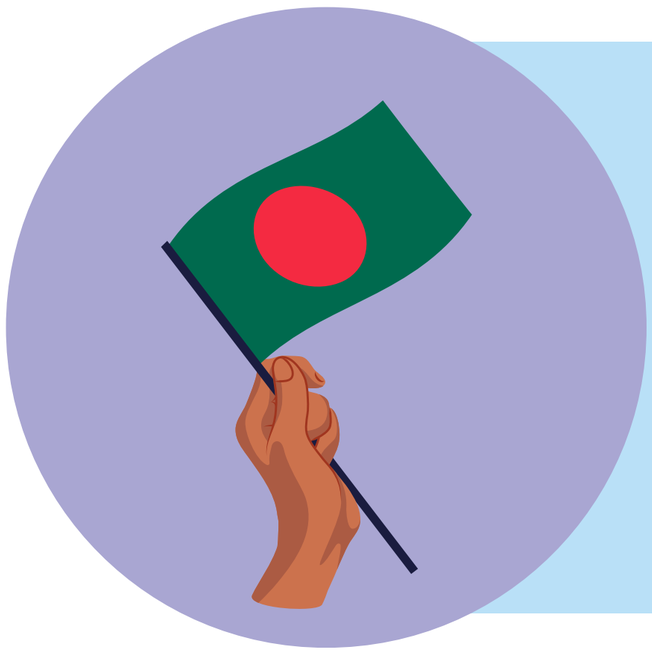
"I love working at Humber—I wanted to be an HVO member so I could give back to the patients and people of Humber."

💙 Join today! humbersveryown.ca

March Calendar

Irish Heritage Month

Irish Canadians have greatly contributed to the story of our country, and this month is an opportunity to learn more about their history and positive impact. Throughout the month of March, we encourage Canadians to learn more about the rich history of Irish-Canadian communities, to remember and honour their legacy, and to celebrate their continued contributions to our country.



Bangladeshi Heritage Month

Ontario is home to a large and vibrant Bangladeshi community. Bangladeshi Heritage Month honours the many significant contributions Bangladeshi Canadians have made throughout the province, and highlights their important role in strengthening the multi-cultural fabric that keeps Ontario's communities strong.

Humber River Health
Lighting New Ways in Healthcare™

Open House
Pre-Grad Nursing

Date: Thursday March 14, 2024
Time: 9:00 a.m. – 11:00 a.m.
Location: Paul B. Helliwell Foundation Auditorium, Level 3

- Book an interview on the spot!
- Refreshments will be provided

Join us to learn more about Humber River Health in addition to current and future career opportunities!

Take part in networking, meeting department managers, human resources, professional practice and more!

Scan to Register

Register Online Here
surveymonkey.com/r/HRH02

If you have any questions or inquiries,please e-mail:
careers@hrh.ca