
INSIDE HUMBER

Humber is your hospital, these are your stories.

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Monthly Highlights

Humber River Health – 2024 Greater Toronto’s Top Employer

For the second consecutive year, Humber River Health was selected as one of Greater Toronto’s Top Employers for 2024. In its 18th year, this award serves as a benchmark for workplace best practices in the Greater Toronto Area (GTA). The competition’s high standards and increasing competitiveness highlight the significance of this recognition.

This repeat achievement for Humber underscores our continued commitment to human resources, wellness practices and forward-thinking workplace policies. Specifically, we were acknowledged for our comprehensive wellness strategy, defined benefit pension plan and tuition subsidies.

To the right, you will find a link to our article in The Globe and Mail, as well as Mediacorp's detailed explanation of choosing Humber.

This achievement is a reflection of our staff, physicians and volunteer’s combined commitment and passion to work together, provide exceptional care and service, and demonstrate our values of compassion, professionalism and respect. Together we make Humber a great place to work, to practice medicine and to volunteer!



[Click Here](#)



[Click Here](#)



The SCOPE Program at Humber

Our Seamless Care Optimizing the Patient Experience (SCOPE) Program launched in 2021. This provided virtual interprofessional team support to family physicians through a single point of access in North West Toronto.

[Read More](#)



Year in Review 2023 Video

2023 was full of triumphs and memorable milestones for Humber. To encapsulate it all, we have developed a Year in Review video to highlight all that has happened over the last year. Click below to watch the video!

[Watch Here](#)



Interview with Drs. Barkin, Fazio and Heimrath

Humber recently became the first hospital in the GTA to perform the HoLEP procedure to treat large benign prostate cases. Urologists Dr. Barkin, Dr. Fazio, and Dr. Heimrath explain the benefits of offering HoLEP to our patients.

[Watch Here](#)



CBC The National: Hyper-Throughput Operating Room Pilots

Recently, we successfully completed numerous Hyper-Throughput Operating Room Pilots. CBC's Christine Birak breaks down how hyper-throughput surgeries work and why provinces should invest in this type of innovation.

[Watch Here](#)



Hyper-Throughput Operating Rooms Increase Efficiency

In this Hospital News article, our latest initiative, Hyper-Throughput Operating Rooms, were highlighted. These pilots have been transformative, setting an important example of how hospitals can use lean processing and teamwork to improve operational efficiencies.

[Read More](#)



Introducing the First Few GTA Babies Born in 2024

Couples around the GTA welcomed their newborns as the new year rolled in. Here at Humber, the Pramanik family welcomed their baby at 2:53 a.m., our first baby of 2024! Click on the link below to take a look at all of the first babies of 2024 across various GTA hospitals.

[Read More](#)

Sir Davidson Dalangin

Sir Davidson Dalangin is a Medication Reimbursement Specialist (MRS) in our Cancer Care Clinic. As an MRS, Sir Davidson plays a pivotal role in assisting patients with financial challenges and stresses associated with their healthcare needs.



Diksha Baldotra

Diksha Baldotra is a Learner and Student Affairs Assistant. Diksha coordinates all the nursing and allied health placements for the Hospital, acting as a central point of contact for the students and instructors completing their placements at Humber.

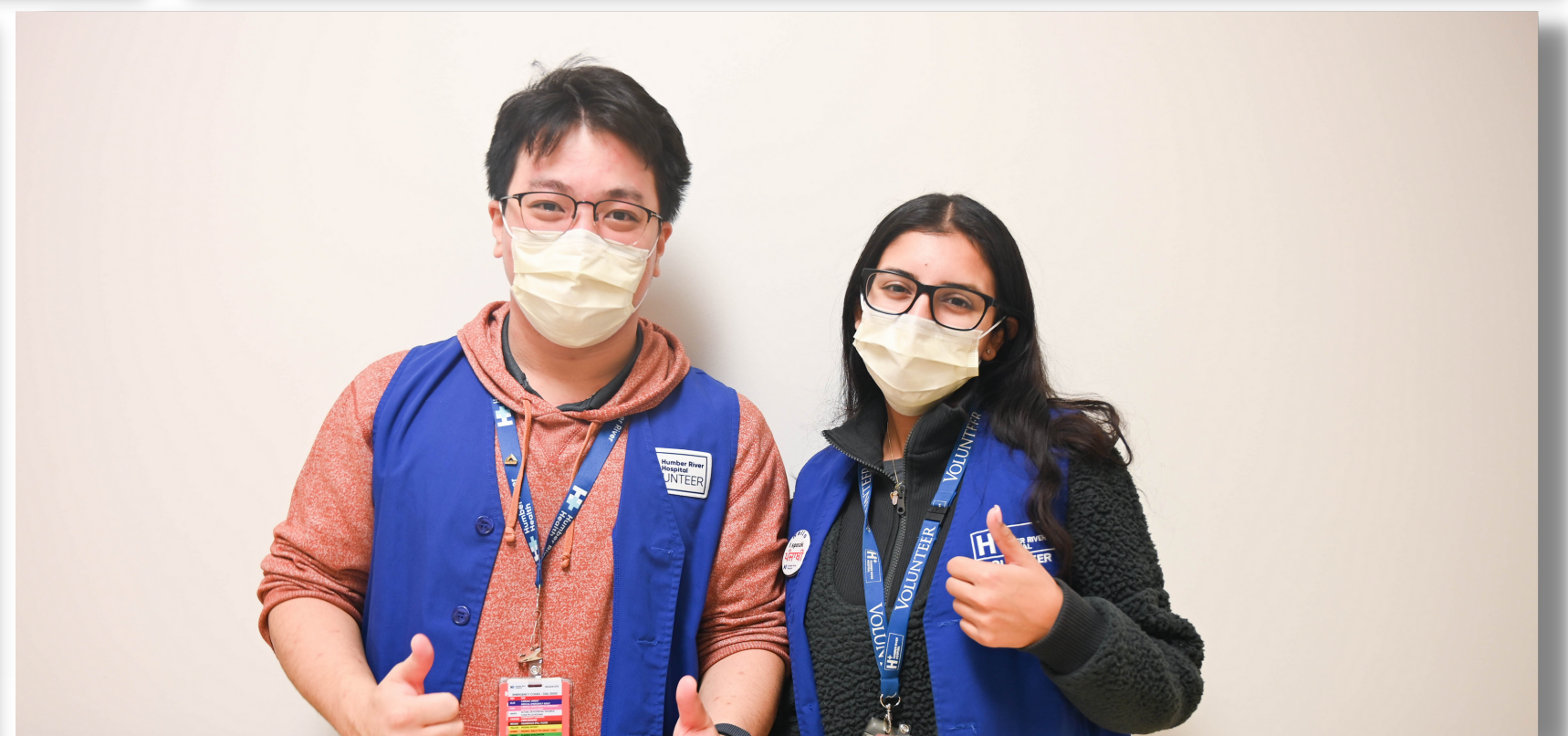


As we empower the future of healthcare, we're celebrating a year of success in nursing recruitment and ground-breaking simulation-based orientation. In November and December, we welcomed and equipped groups of compassionate caregivers, ensuring excellence throughout their journey.



International Volunteer Day - December 5

Humber has many talented volunteers who assist in various departments throughout the Hospital. Our volunteers focus on making a difference everyday by improving the experience patients and visitors receive. Thank you for all you do!



National Day of Remembrance and Action on Violence Against Women



Interview with Cinzia Di Carlo

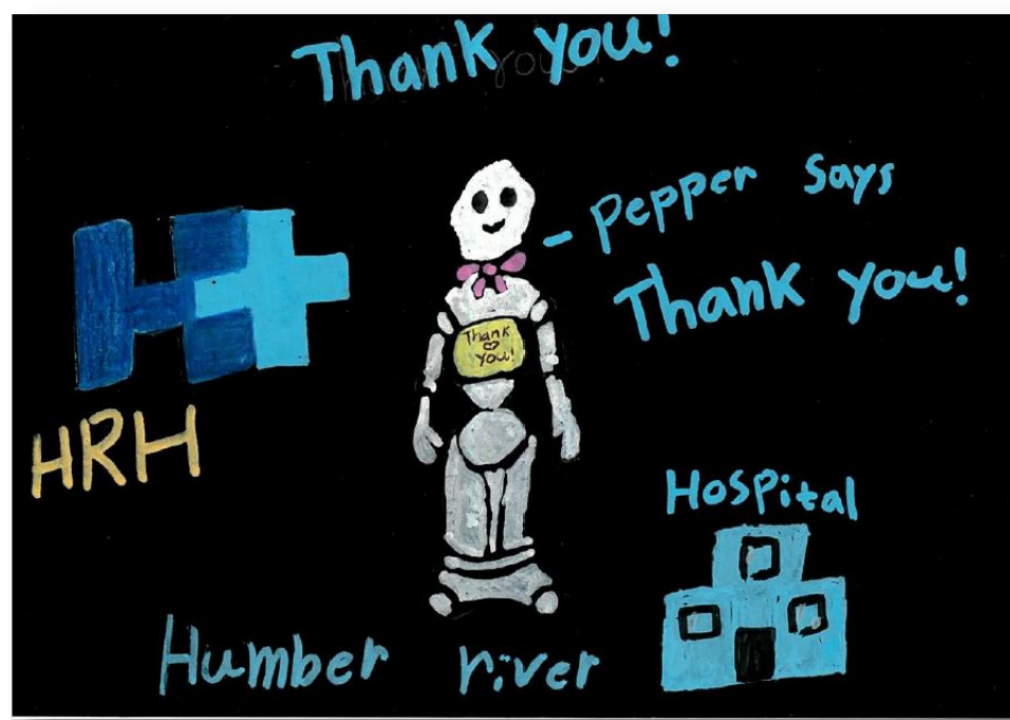
December 6 was the National Day of Remembrance and Action on Violence Against Women. Social Worker Cinzia Di Carlo explains how gender-based violence disproportionately affects women and how our social workers are available to provide individuals with necessary support and resources.

[Watch Here](#)

Updated Humber River Health Thank You Cards

Humber has rebranded our staff, physician and volunteer Thank You cards. Last year, as part of the Corporate Engagement Action Plan, staff, physicians, volunteers and their families were engaged to submit new designs for our Thank You cards. Out of the 30 submitted designs, the Communications and Organizational Development teams worked collaboratively to create a shortlist. The five final designs were identified after consultation with the organizational leaders. The Thank You cards have been updated with the new designs, and are ready for use.

Thank you to everyone who participated in this meaningful initiative and congratulations to the five individuals were selected! Please do not hesitate to contact Organizational Development at organizationaldevelopment@hrh.ca to learn more about Thank You cards!



Ellie Fleiman



Emily Tang



Elysia Semella



Brittany Mattucci



Janice Yu

Medical Teaching at Humber

Our program at Humber has garnered immense interest, particularly from elective residents from prestigious institutions like the University of Toronto, McMaster, and Queen's. In just the past year, we have had the privilege of hosting over 40 residents, a testament to the exceptional learning environment we have helped cultivate.

Just this past month, a few of our talented physicians were recognized by the University of Toronto for their overwhelmingly positive teaching evaluations. It is noteworthy that many of them have achieved perfect scores in their evaluations, standing well above the average when compared to other sites. This level of excellence speaks volumes about their dedication and skill.

One of these physicians is **Dr. Colin Suen**, an anaesthesiologist here at Humber. He answered a few questions regarding how he engages students in active learning, and steps to create a supportive learning environment.



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Interview with Dr. Gurpreet Mand – “Doing” vs. “Being”

Dr. Gurpreet Mand is a family physician and the Faculty Development Lead for the Schulich Family Medicine Teaching Unit. Dr. Mand has recently published an article in the Medical Teacher titled “Identifying the exceptional learner in medical education: A doing vs. being framework”. Below, she answers a few questions about her research.

What inspired you to write your article?

This article was inspired by an educational question: our team wanted to better understand what we knew about high performing learners in medical education and how best we could teach them. When this work began pre-pandemic, a few of us were wondering how best we could support these learners. A literature search at the time yielded very little information. As a result, we decided to investigate this further and we were lucky enough to be supported by an Art of the Possible Grant through the DFCM, University of Toronto. The inspiration for me really was some excellent residents that I have taught over the years.



[Read More](#)

What impact do you foresee your findings having on medical education and healthcare systems?

Our team hopes that the framework allows teachers to be able to identify these learners early so that they can be supported and nurtured. There has been much published on how difficult it is to recruit healthcare leaders. We hope that by identifying and nurturing these learners early in their educational journey, they will be able to become ideal candidates for healthcare leadership in various sectors.

Are there plans for further research to expand upon these findings?

The team is working on a “Twelve Tips” article on how faculty can teach and support these learners once they have identified them. We hope that this will support faculty and faculty developers everywhere so that both learners and teachers have a more positive teaching and learning experiences.

Annual Clinical Day - December 2

On December 2, we held our 26th Annual Clinical Day. The program enabled participants to improve their clinical skills in the prevention, diagnosis, treatment and long-term management of acute and chronic disease states. Thank you to our speakers, sponsors, and attendees for assisting with and participating in the successful day!



Green Hospital of the Year

Humber is pleased to announce that we have been named a 2023 Health Care Climate Action Winner by Health Care Without Harm. As a participant in the Health Care Climate Challenge, we are committed to reducing healthcare's climate footprint through innovation, education, and promoting policies to protect public health from climate change.

We proudly received the Canadian Coalition for Green Health Care's prestigious, silver-level Green Hospital Scorecard Award, naming Humber the Green Hospital of the Year in their Academic Peer Group Category. To view the award ceremony presentation, click on the button to the right.

We are honoured to receive the award and to be a part of a global community of healthcare institutions leading the transformation to climate-smart healthcare. Through our lean, green, digital design, we ensure effective, safe, and integrated care is continuously delivered throughout our community.

We look forward to continuing our work to protect the future health of our community, environment, and planet.



[Watch Here](#)



Humber Holiday Party ❄️

On December 13, we held our annual Holiday Party for our staff, physicians, and volunteers. Everyone enjoyed cookies, hot chocolate, and received a complimentary pair of Humber mittens. The Communications Team is coordinating with managers to ensure all SPVs receive their mittens.



Holiday Cheer Event - December 25

On Christmas Day, our Child Life Services held their Holiday Cheer Event with a visit from Santa, Firefighters, and Ballerinas who delivered toys and gifts in different areas around the hospital. Thank you to our Child Life Team for spreading cheer to our patients this holiday season!



Social Media Highlights

Humber River Health
@HRHealth_

As tonight marks the first day of Hanukkah, we wish everyone a holiday full of love and celebrations with family and friends. Happy #Hanukkah!



Humber River Health Foundation
@HRH_Foundation

Congratulations to the nurses, doctors, and staff whose exceptional care inspired a donation this month!

More pin presentation photos can be found on our Facebook page:
facebook.com/media/set/?set...

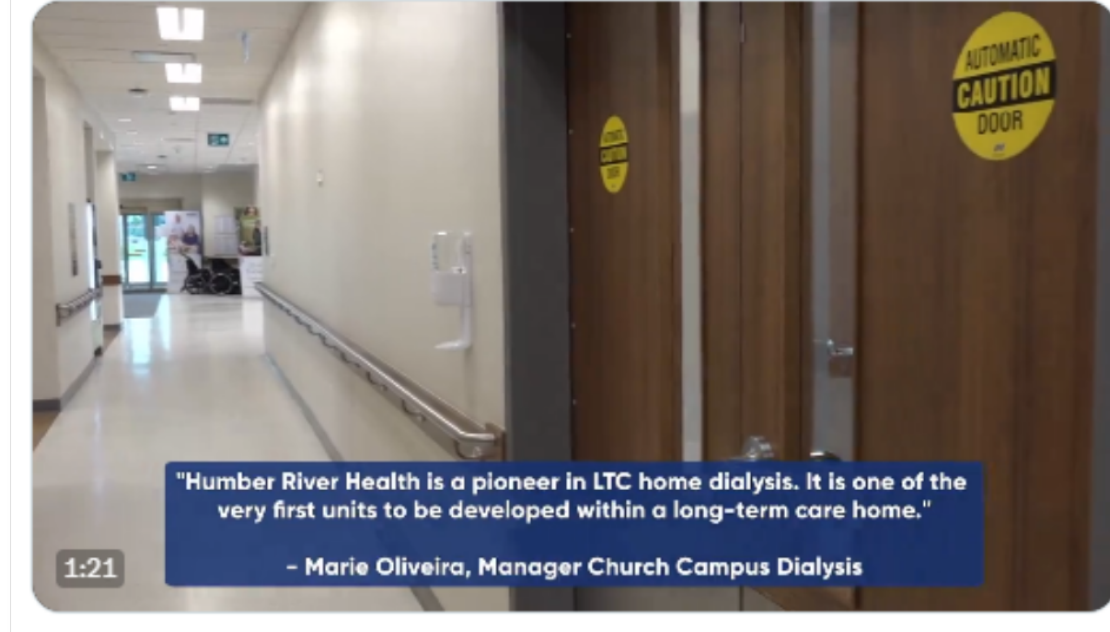
Learn more at giftsofgratitude.ca



Humber River Health
@HRHealth_

ICYMI: Humber has implemented a Dialysis Unit in the @HumberMeadows Long Term Care (LTC) Home.

Having the unit located in the LTC provides residents with safety and convenience, without the need to travel for dialysis treatments.
#12DaysOfInnovation #Day9




"Humber River Health is a pioneer in LTC home dialysis. It is one of the very first units to be developed within a long-term care home."
- Marie Oliveira, Manager Church Campus Dialysis

Humber River Health
@HRHealth_

Merry Christmas! Wishing everyone celebrating a safe, healthy, and happy holiday spent with family and friends!

Thank you to all staff, physicians, and volunteers working this holiday long-weekend! We appreciate your ongoing dedication to caring for our patients and community!



Humber River Health
@HRHealth_

Canada has taken a critical step forward in addressing the urgent issue of suicide with the launch of the 9-8-8 Suicide Crisis Helpline. This three-digit number is accessible 24/7 for calls and texts in both English and French, providing crucial support across the entire country.



Thinking of suicide?
Help is available.

9-8-8
toll free, 24/7


Humber River Health
@HRHealth_

Happy Kwanzaa! Wishing everyone celebrating love, light, joy, and time spent with friends and family!



Humber River Health
@HRHealth_

Today, we welcomed healthcare organizations from Quebec including CHU de Quebec Université Laval and CIUSSS de l'Est de Montreal for the Maisonneuve Rosemont hospital project. They toured Humber to learn how our lean, green and digital design improves efficiency and patient care.



Humber River Health
@HRHealth_

The new CT scanner in our Apotex Emergency Department has the latest AI technology to improve workflow and image quality.
#TwelveDaysOfInnovation #DayTen



#LightingNewWays