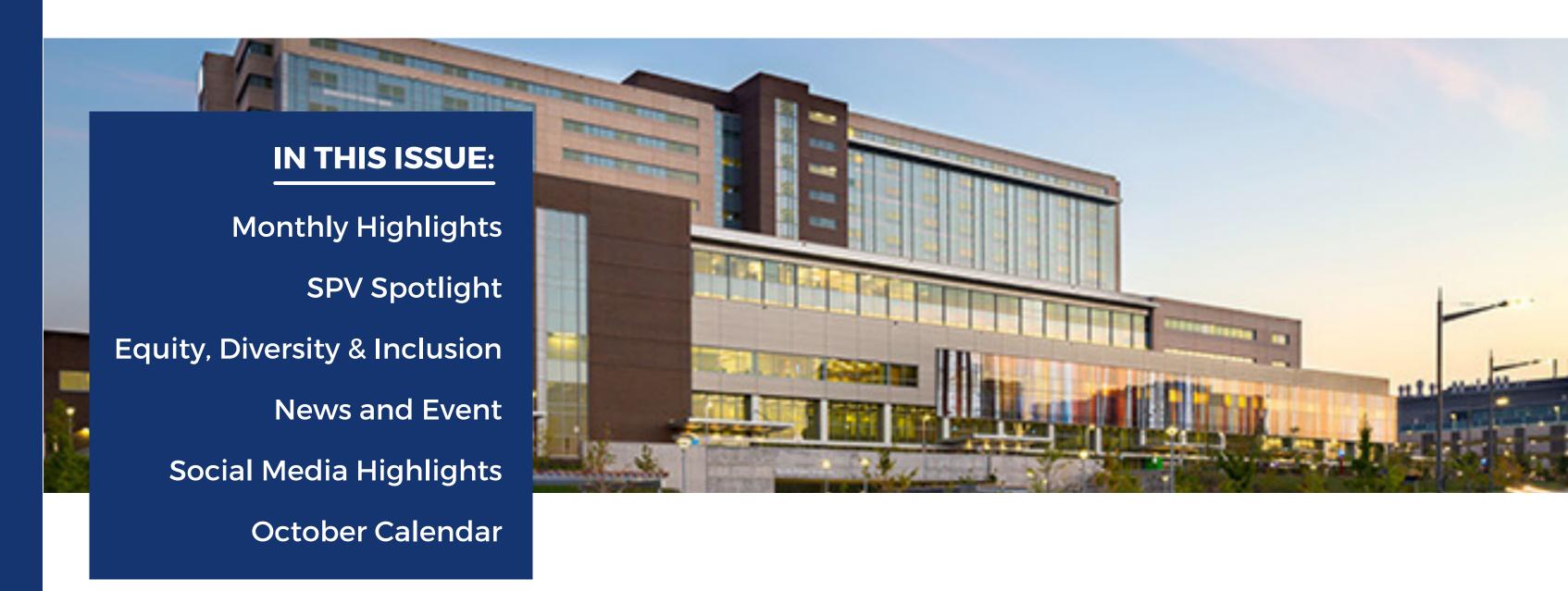


INSIDE HUMBER

Humber is your hospital, these are your stories.



Monthly Highlights

Schulich Family Medicine Teaching Unit Opens at Humber River Health

Humber River Health is thrilled to announce the official opening of the Schulich Family Medicine Teaching Unit (Schulich FMTU), a pivotal step towards addressing the healthcare access challenges faced by our Northwest Toronto community. With a catchment of 850,000, the need for accessible primary care has never been more critical.

This momentous achievement has been made possible through the exceptional generosity of The Schulich Foundation, whose steadfast commitment to philanthropy has paved the way for us to revolutionize healthcare services at Humber River Health. We extend our heartfelt gratitude as well to The Slaight Family Foundation for their invaluable initial financial support. The official ribbon-cutting ceremony took place on September 20 and was attended by esteemed guests who voiced their unwavering support.

The Schulich Family Medicine Teaching Unit at Humber is poised to make a lasting impact on the healthcare landscape of Northwest Toronto. This marks the beginning of a journey toward improved healthcare, brighter futures, and a healthier, happier community.







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Schulich Family Medicine Teaching Unit: Shamini's POV

Shamini Vijaya Kumar is a Resident in the Schulich Family Medicine Teaching Unit (FMTU) at Humber. Shamini works to assist patients from a primary care perspective to better address the existing gap in primary care needs for patients in our community. Shamini has provided her perspective on what her experience has been as one of the first Residents in the Schulich FMTU.

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Understanding Blood Cancers with Dr. Vighnesh Bharath

September is recognized as Blood Cancer Awareness Month to bring awareness to a collection of diseases that affect many worldwide. According to Dr. Vighnesh Bharath, an Oncologist and Hematologist at Humber, in Canada, someone is diagnosed with blood cancer every 20 minutes. To better understand the various types of blood cancer, Dr. Bharath has provided his insight and expertise.

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Humber Performs First Gastrectomy with da Vinci Xi Surgical System

In May 2023, Humber celebrated a significant milestone in the field of surgical innovation, as Dr. Quoc Huynh, Dr. Lazar Klein, and their skilled team completed the hospital's first gastrectomy utilizing the da Vinci Xi surgical system. This achievement is a testament to Humber's pioneering spirit, having been the first community hospital in Canada to acquire a da Vinci surgical robot back in 2012.

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Interview with Hari and Ambika Pillai

Hari Pillai, a student from Emery Collegiate and a volunteer at Humber, was recognized as one of the Toronto District School Board's Top Scholars for the 2022 to 2023 school year. In this interview, we spoke to Hari about his success. Hari's mother, Ambika Pillai, a registered nurse at Humber. also shares her thoughts about her son's achievements.

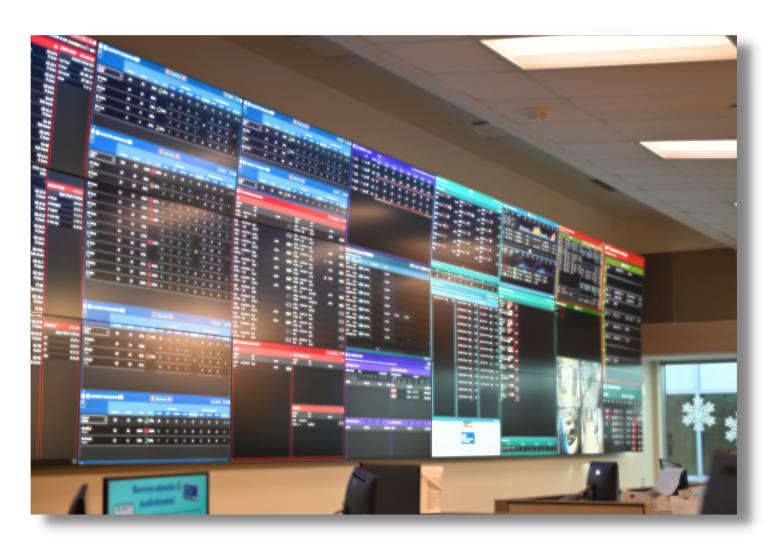
Watch Here



Myth Busters: IUD Birth Control

An Intrauterine Device (IUD) is a reversible, long-term method of birth control. An IUD is a small device that sits in the uterus to prevent pregnancy. Despite IUDs being an effective form of birth control, many misconceptions exist. Dr. Lesley Hawkins, an Obstetrician and Gynecologist at Humber, has provided useful insight to assist in debunking these myths.

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World Patient Safety Day - September 17

To celebrate World Patient Safety Day 2023, we highlighted our Command Centre, which has become the central point for all core functions and has resulted in evidence-based benefits for everyone. Many of the existing benefits have a direct focus on improving patient safety. This includes, capacity increases, more time with patients, and improved patient outcomes.

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Human Resource Professional Day

On September 26, we recognized Human Resource Professional Day. We showed gratitude to our HR Teams who support Humber through Employee and Labour Relations, Recruitment and Retention, Total Rewards, Occupational Health, Safety and Wellness, Volunteer Services, Organization Development, and more.

International Day Of Charity - September 5

The Humber River Health Foundation is committed to assisting our Hospital in Lighting New Ways in Healthcare through a unique combination of leading-edge technology and next-level compassion. Thank you for all you do!



Technical Analyst Day - September 9

Anthony Campbell is a Senior Technical Analyst who is instrumental in ensuring the seamless functioning of our information systems and supporting the technical needs of various departments.



Programmers Day - September 13

Ahmedur Rab is a Programmer and Developer who plays a crucial role in advancing organizational efficiency. Ahmedur's work revolves around creating software solutions that streamline operations and drive the Hospital's success.



NICU Nurses Day - September 15

On NICU Nurses Day, we recognized the nurses in our Neonatal Intensive Care Unit (NICU). We express our appreciation for the high level of medical expertise and support they provide to newborns and their families. Thank you for all you do!



Environmental Services and Portering Week - September 10 - 16

Last month, we celebrated the invaluable members of our Environmental Services (EVS) and Portering teams. Their unwavering commitment and hard work have played a pivotal role in our ongoing mission to provide exceptional healthcare services.

Our outstanding **EVS Team** consists of over 400 staff, committed to ensuring Humber is a safe, clean place for everyone. We appreciate their dedicated work efforts and thank them for the pivotal role they play in our Hospital.









Our **Portering team** works hard to ensure all patients are treated and transported safely and in a timely manner. Through interactions with our Porters, patients and family members feel supported, comfortable, and welcomed. We thank our Porters for their commitment to excellence!



Payroll Week - September 18 -22

Our Payroll Team plays a crucial role in ensuring accurate and timely payment within the Hospital. On National Payroll Week, we celebrated our payroll professionals and expressed our gratitude for their continuous demonstration of our values of compassion, professionalism, and respect!



IT Professionals Day - September 19

Thank you to our IT Professionals who study, develop, implement, support and manage computer-based information systems and help troubleshoot any issues that may arise for all staff, physicians, and volunteers.





Paging All The Doctors

The physicians at Humber River Health hold a Doctor of Medicine, or Medical Doctor (M.D.) degree, which is required to practice as a healthcare physician. However, many of the staff at Humber have also committed their time and work efforts to pursuing a Doctor of Philosophy (Ph.D.), the highest degree that can be obtained at an academic level.

You will get to know some of our dedicated Ph.D. holders in our "Paging All The Doctors" series and learn about the advice they have for those looking to further their academics.

In this issue, we are highlighting Dr. Mike Heenan, Executive Vice President of Strategy, Corporate Services, and Chief of People. Click below to read our interview with Dr. Mike Heenan, where he tells us about his academic journey and advice he has for those furthering their academics while maintaining a full-time career.

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Women in Medicine Month





Interview with Dr. Daniela Caprara and Dr. Yang Guo

Women in Medicine Month is an annual celebration to recognize the growing number of women in the healthcare field. Dr. Daniela Caprara and Dr. Yang Guo are physicians at Humber who have demonstrated consistent dedication in developing their careers to be strong leaders in the medical field.

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Damanpreet Kaur

Damanpreet Kaur is a Registered Nurse and Team Leader on our Stroke Unit. To her younger self and other women in medicine, Damanpreet advises, "Do not get scared, go for the new opportunities. Never stop striving for your personal and professional goals."



Watch Here

Victoria Wagg

Victoria Wagg is a Medical Radiation Technologist specializing in Mammography and Radiography (X-ray). To her younger self and other women in medicine, Victoria advises to "Never underestimate what you can accomplish!"



Kelly Lee

Kelly Lee is a Sonographer at Humber. To her younger self and other women in medicine, Kelly advises, "Don't be afraid to fail. Embrace all the opportunities given to you. The best way to learn is by doing, so don't let the fear of failing hold you back!"



Angelyn Ah-Chong

Angelyn Ah-Chong is a Registered Nurse who has been at Humber for just over two years. To her younger self and other women in medicine, Angelyn advises to "Not be so hard on yourself. You are your own worst critic, trust and believe in yourself!"



Watch Here

Lidia Sergueeva

Lidia Sergueeva is a Sonographer in our Medical Imaging Department. Lidia pursued a career in medicine due to her relatives in healthcare. "As a child, I looked up to them. I found what they were doing to be interesting and wanted to be part of the medical field as well."



Happiness at Work Week (September 25 - 29)

At Humber, with the help of our dedicated and invaluable staff, physicians, volunteers, and community, we are consistently working together to deliver innovative, safe and equitable healthcare. Below, members of our organization shared why they are happy at Humber!



