

Dr. Peter Voros



Tell us about your role at Humber.

I am one of the Vice Presidents of Clinical Programs. I have senior leadership responsibility for the Emergency Department, the Command Centre and Flow, the Mental Health and Addictions Program, the Cancer Care Program, the Intensive Care Unit, the Seniors Program, and Humber's Inpatient and Outpatient Medicine Units and Clinics.

Tell us about your academic journey.

I completed a Bachelor of Science (BSc) in Biology and Psychology at McMaster University in 1991. I then went on to complete a Master of Arts (MA) in Clinical Psychology at Lakehead University in 1993. Following the completion of my MA, I earned my Doctoral degree in Counselling Psychology from the University of Toronto in 1999.

How has your academic journey contributed to your professional growth?

My initial career plans entailed being a front-line Psychologist in a hospital-based program, which I was well prepared for due to my academic journey. However, I had not expected the focus on human behaviour and on the connection between research and practice to also prepare me for leadership. My leadership progression began in the clinical realm and transitioned naturally into administration. I continue to draw on my psychological knowledge in my daily role and leadership work.

What advice do you have for those furthering their academics while maintaining a full-time career?

As many do, I completed my Doctorate while working full time and starting a family. I think for myself and others with similar situations, success comes from time management and the determination to achieve your goal. Particularly with a Doctoral degree, the final steps are often research related. With both a full-time job and a family, it is easy to neglect the research and let it slide. My advice is to focus and finish.