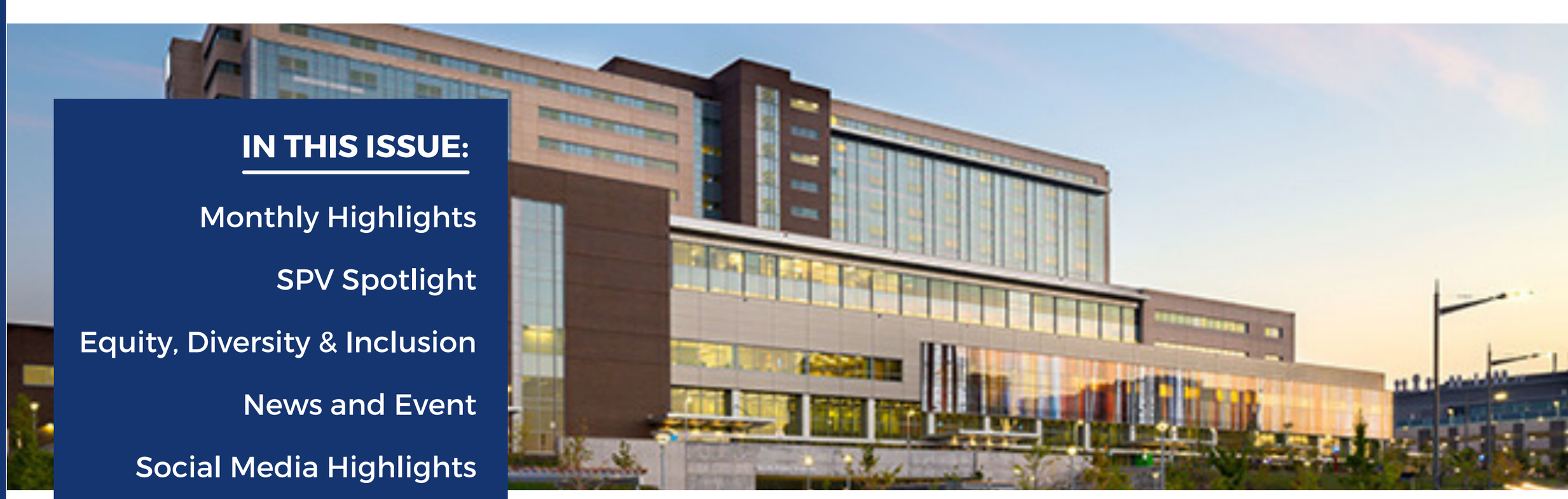
Humber River Health

INSIDE HUMBER

Humber is your hospital, these are your stories.



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Humber River Health Reveals COVID Wall of Fame

On July 13, Humber River Health revealed our COVID Wall of Fame, generously donated by Terry and Mary Jo Leon. The COVID Wall of Fame is a permanent showcase within the Hospital, comprised of engraved names of the staff, physicians and volunteers who worked tirelessly during the pandemic between **March 17, 2020 to May 9, 2022**, the date the City of Toronto's COVID-19 emergency declaration ended.

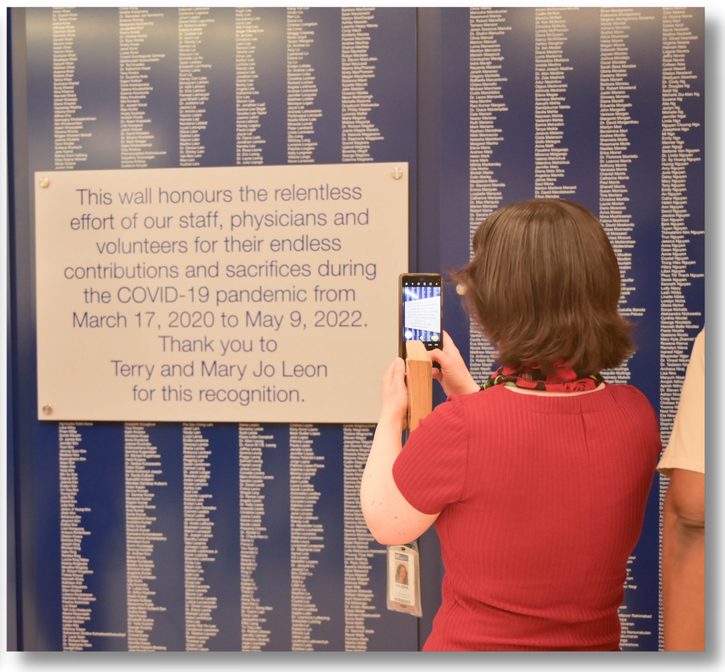
According to Toronto Public Health, Humber's Northwestern Toronto community experienced the highest burden of COVID-19. During this time, Humber provided care to 4,000 inpatients admitted with the virus and provided COVID lab tests for 123,000 patients.

This display is one of the ways we are able to show our appreciation for the compassion our teams brought to patients throughout COVID-19, and the dedication they continue to display in delivering integrated care and **Lighting New Ways in Healthcare** everyday.

To all the staff, physicians, and volunteers at Humber River Health, thank you for all you do!

Thank you for your time and assistance with our COVID Wall of Fame and for your contributions to Humber over these past years. The **Thank You Video** shared during the ceremony can be found **here.**

Watch Here


This wall honours the relentless effort of our staff, physicians and volunteers for their endless contributions and sacrifices during the COVID-19 pandemic from March 17, 2020 to May 9, 2022. Thank you to Terry and Mary Jo Leon for this recognition.

Humber River Health
Ambulatory Clinic Laboratory
Cashier
Spiritual Centre
Central Elevators
Access to Inpatient Rooms
Maternal & Child
Gift Shop
EMERGENCY
Nuclear Medicine
Surgery

This wall honours the relentless effort of our staff, physicians and
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sacrifices during
pandemic from
May 9, 2022.
Leon

Cashier
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Nuclear Medicine
Surgery
Central Elevators
Ambulatory Clinic Laboratory

Humber River Health

Humber River Health
Something's Brewing

Monthly Highlights

Working in Emergency: The Student POV

Shaunik Kumar is a Student Clinical Nurse Extern in the Emergency Department (ED) at Humber, who started his journey in February 2023. Through working in the ED, Shaunik assists in providing care to a diverse population, ranging from young children to elderly patients. “This opportunity allows us to diversify our skillset and receive experience supporting various healthcare needs,” said Shaunik.

Read More

Tick Bites and Lyme Disease with Dr. Ian Brasg

According to Dr. Ian Brasg, symptoms of Lyme disease include large rashes and potentially flu-like symptoms in its early stages. Without the necessary treatment, late findings of Lyme disease may include arthritis and problems with the nervous system. Check out this video to learn how you can best protect yourself and your family this Summer.

Watch Here

Interview with Sunita Rao

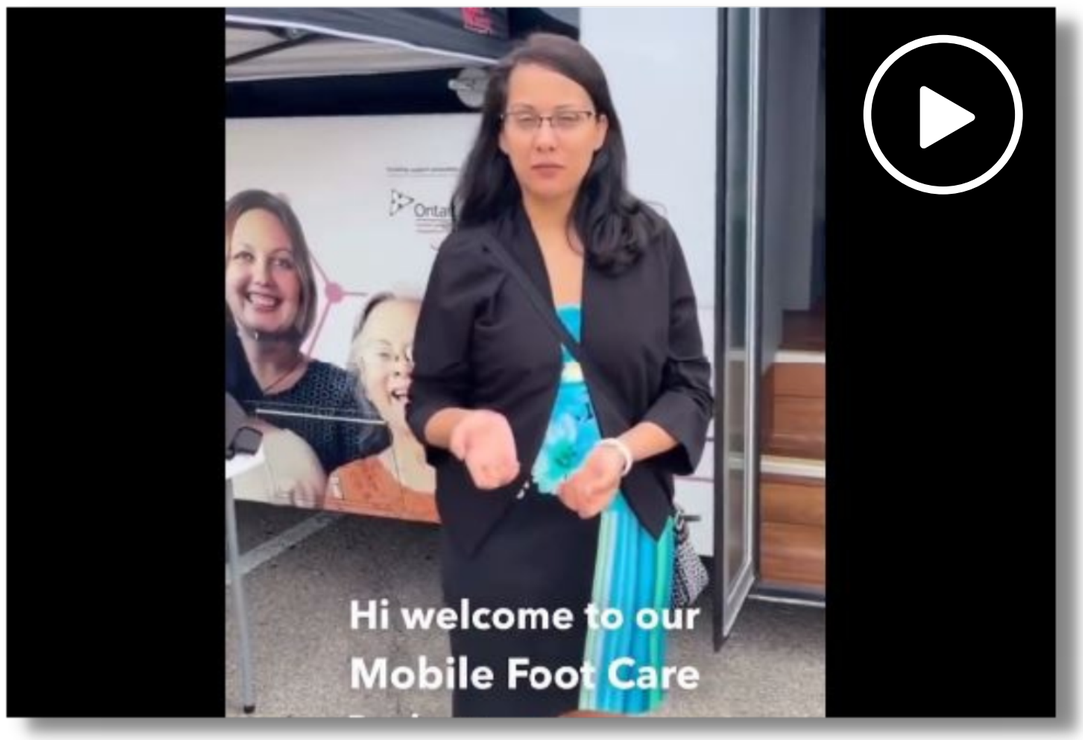
Sunita Rao is the Director of Occupational Health, Safety and Wellness. From her academic background and her frontline clinical experience, Sunita was drawn to developing her career in a direction geared towards preventing injury and illness, leading to her transition to working in occupational health and safety.

Watch Here

Total Ankle Replacement: Tom’s Story

During Tom’s total ankle replacement surgery, Dr. Sagar Desai reconstructed his entire damaged ankle joint with an artificial implant – an approach that would leave Tom pain-free and with his full range of motion. "Dr. Desai and his whole team are fantastic. I even enjoyed seeing everyone at my follow up visits. I am very grateful for the care I have received here.”

Read More



Mobile Foot Clinic

To mitigate foot wounds in our community, we have collaborated with Southlake Regional Health Centre, Mackenzie Health, Oak Valley Health, North York Family Health Team, North York General, Vaughan Community Health Centre, SE Health and Care First to implement a mobile footcare initiative.

Watch Here

Self Care Day - July 24

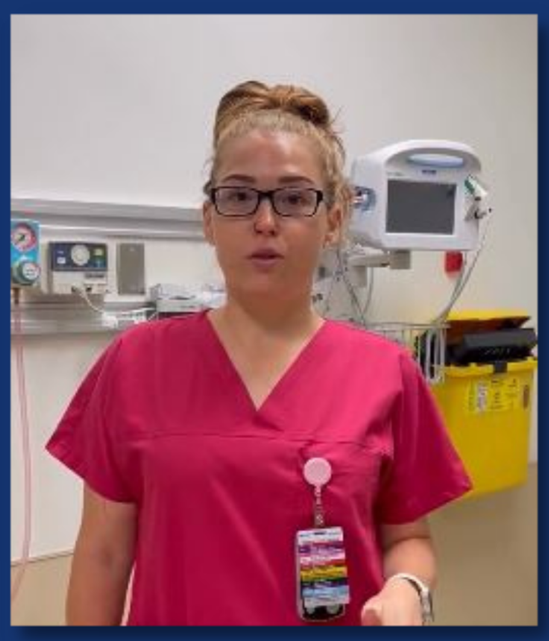
Vanessa Cortes is an Occupational Therapist Assistant and a Physiotherapist Assistant in the Orthopaedic Outpatient Clinic, as well as a yoga instructor. Vanessa teaches yoga to SPVs to promote a balanced work life and reduce tension and stress to improve self-care.

Watch Here

SPV Spotlight

Injury Prevention Day - July 5

On Injury Prevention Day, we highlighted the harmful effects of predictable and preventable injuries. In this video, Jennifer Maza and Nicole Prade from our Fracture Clinic offered helpful tips on how to stay safe and avoid injuries.



Watch Here

Organizational Development

Meet Shannon Feltmate, an Organizational Development Specialist. Shannon started at Humber in 2016 as a part-time Clerical Associate on 13 East. Most recently, she was the Program Assistant for Nephrology and later the Program Assistant for Post Acute and Reactivation Care. “I am grateful for my role within Organizational Development, because I have the opportunity to work with staff and leaders on initiatives that, when utilized properly, possess the power to create positive change.”

World Youth Skills Day - July 15

Meet Nikoleta Odorico, an Occupational Therapist Student in our General Medicine and Oncology Departments. At Humber, we aim to equip our students with the necessary skillset and resources they need to advance in their professional endeavors.

During Nikoleta’s time at Humber, she has had the opportunity to learn extensively from her Occupational Therapy Supervisor, as well as allied health colleagues and healthcare professionals in various units.

Finance Team

Congratulations to our Finance Team for successfully completing the 2022-2023 fiscal year-end audit and reporting! Each member of this amazing team plays a pivotal role. Thank you for your hard work and your consistent dedication to our Hospital.

ABI Department

Philip Andrada is a Senior Clinical Analyst in our Analytics and Business Insights Department (ABI). As a Senior Clinical Analyst, Philip creates reports that would reduce the workload of staff in reporting numbers on a daily, weekly, monthly, or quarterly basis.

Jessica Wang is a Senior Business Analyst in our Analytics and Business Insights (ABI) Department. Jessica is responsible for working with programs on their annual budget and forecast, analyzing financial results and presenting findings to designated programs, and more.

National Intern Day - July 27

Meet Aleena, an Intern with the Humber River Health Foundation. Aleena attends McMaster University and is studying Honours- Life Sciences. Aleena is responsible for organizing donor calls, taking in donations, providing physicians with gifts of gratitude, and scoping out event venues.

System Administrator Appreciation Day - July 28

Thank you to our Information Services Teams who support the capacity of staff, physicians and volunteers to look after and care for patients, as well as continue to protect the integrity of all digital technology within the Hospital.

Schulich Family Medicine Teaching Unit Residents

Last month, we welcomed the first four family medicine residents into the Schulich Family Medicine Teaching Unit. Their acceptance into our program is a testament to their hard work, dedication, and passion for family medicine. Humber River Health is committed to providing our residents with an exceptional learning environment, access to cutting-edge resources, and a supportive community of healthcare professionals who share our enthusiasm for patient care.

Throughout their residency, they will have the opportunity to gain hands-on experience in various aspects of family medicine, from primary care to specialized services. Experienced faculty, staff, and preceptors are eager to guide and mentor them as they develop their skills, knowledge, and confidence in serving diverse patient populations. Below, we highlight two of our first four residents.

Clara Sawires

Watch Here

Bilal Negash

Watch Here

Black Leaders Awareness Day - July 18

Celebrated annually on July 18, Black Leaders Awareness Day is a time to reflect on the impact and contributions made by Black leaders of the past and present, and recognize the role they play in inspiring future generations.

Various staff and physicians at Humber River Health have expressed their insight into the importance of Black leadership and the ways they incorporate it into their daily lives, including;

- **Shaianna Coleman,** Manager of Equity, Diversity and Inclusion
- **Joan Osbourne- Townsend**, Director of Infection, Prevention and Control
- **Dr. Olubukunola Ayeni,** Plastic and Reconstructive Surgeon
- **Joan Myers-Harrison,** Resource Nurse in Cancer Care Clinic
- **Samuel Aikulola**, Registered Nurse in Emergency Department
- **Chris Maragh**, Director of Integrated Health Systems and Partnerships (currently supporting the North Western Toronto Ontario Health Team)
- **Fatah Awil,** System Planner with the North Western Toronto Ontario Health Team

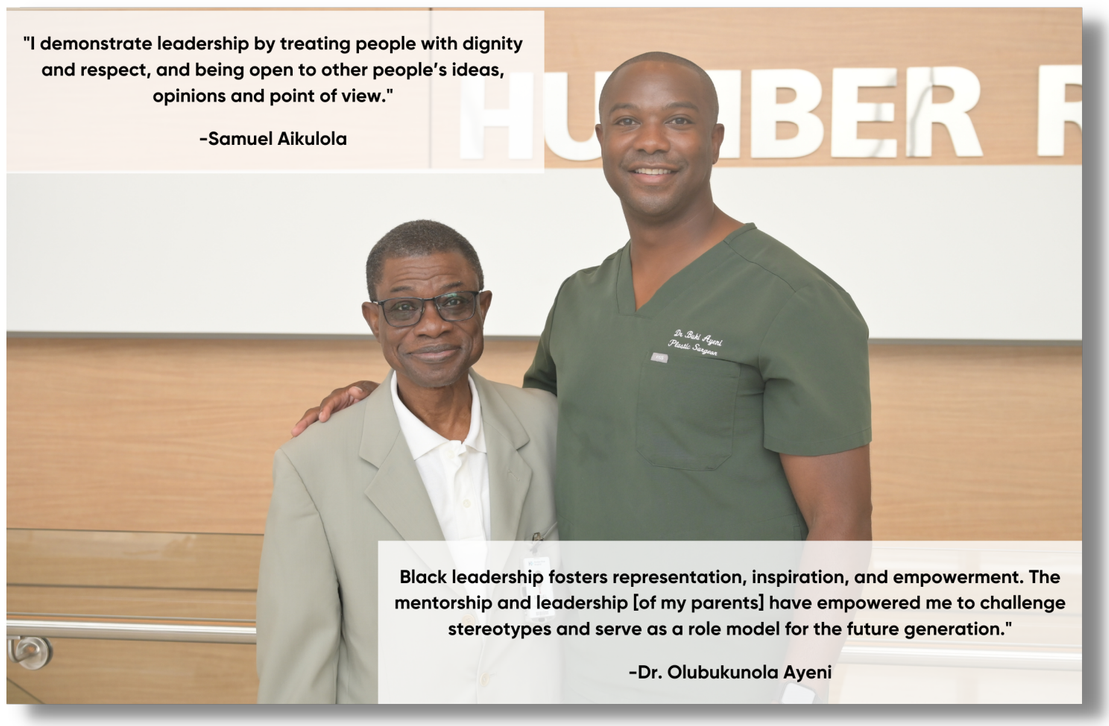
Read More

"Black leadership enables me to be a positive role model, provide peer support, and lead by example."

- Joan Myers-Harrison

"Having leaders that look like you means that the decisions that impact you are more likely to be informed by those who share similar lived experiences. To me, Black leadership is transformational not just for Black patients but for all patients and staff."

-Fatah Awil



"I demonstrate leadership by treating people with dignity and respect, and being open to other people's ideas, opinions and point of view."

-Samuel Aikulola

Black leadership fosters representation, inspiration, and empowerment. The mentorship and leadership [of my parents] have empowered me to challenge stereotypes and serve as a role model for the future generation."

-Dr. Olubukunola Ayeni

“To Catch and Know the Hazards” Safety Fair - July 11

On July 11, we held our “To Catch and Know the Hazards” Safety Fair at our Finch Campus. SPVs were provided with information on the most common safety hazards: Physical, Chemical, Biological, Ergonomic, and Psychological. Our goal is to promote proactive safety at Humber!

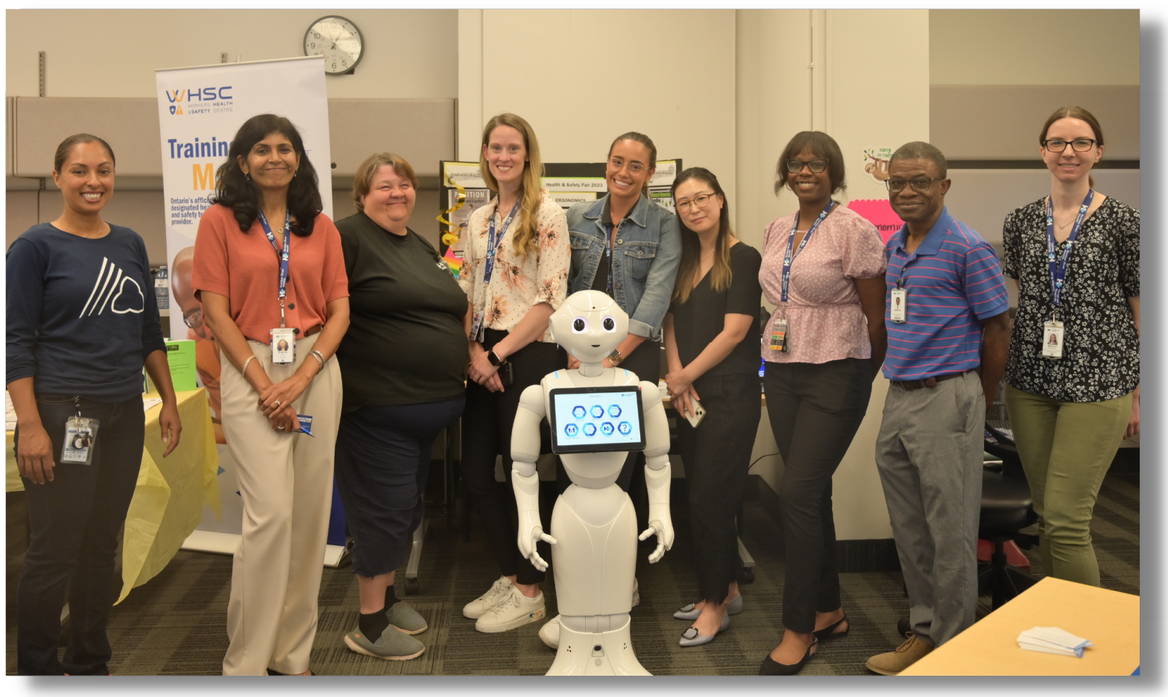
Additional Health and Safety Fairs will be held at our other two sites. Please join us to learn about the different types of hazards in the workplace and how to prevent them. Play games, win prizes, and MORE!

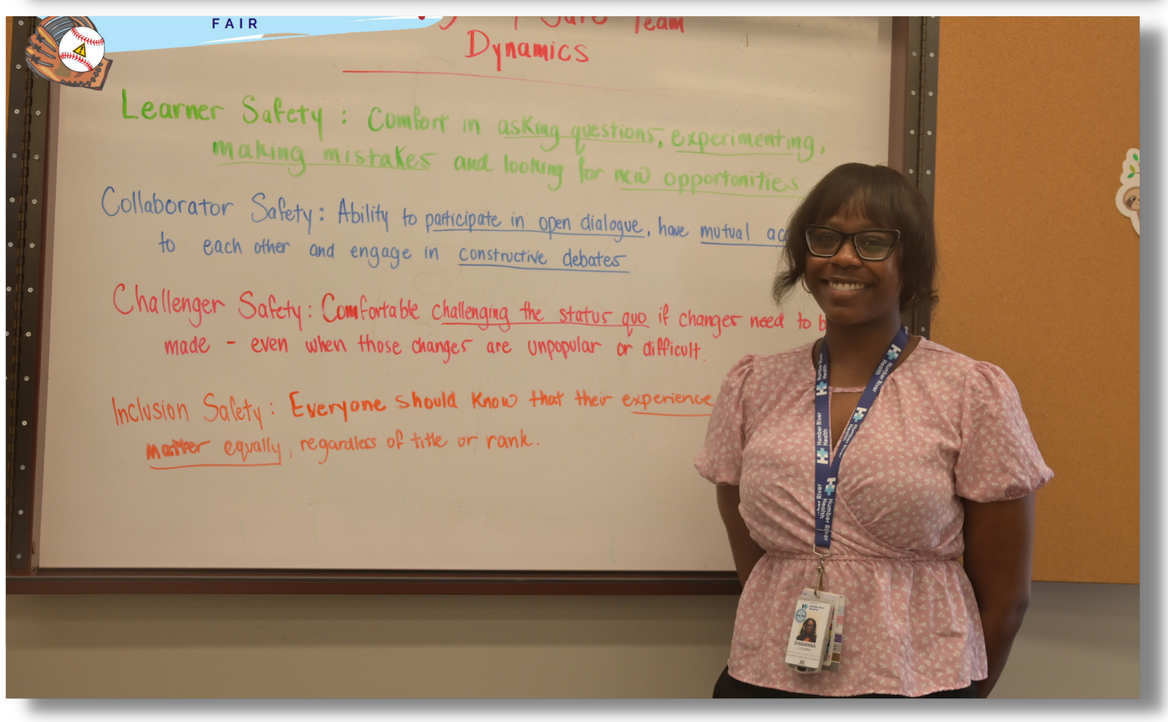
Wilson Site

- Auditorium
- Tuesday, August 1
- 11:00 a.m. - 3:00 p.m.

Church Campus

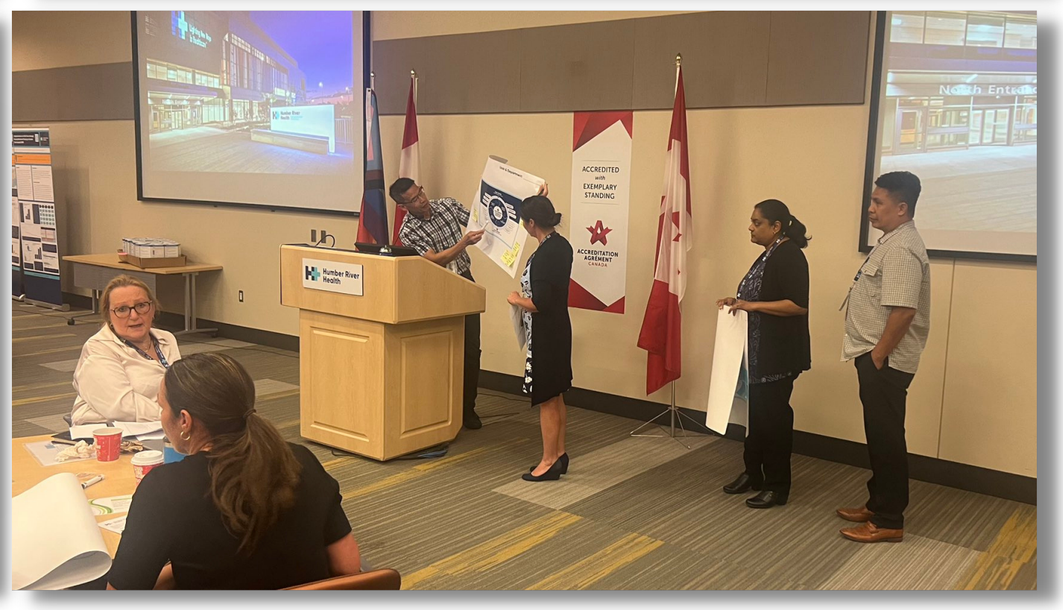
- Boardroom
- Tuesday, September 19
- 11:00 a.m. - 2:00 p.m.





Leadership Forum - July 12

On July 12, we held our monthly Leadership Forum, an opportunity for our leaders to enhance their knowledge and further refine their strategic approach in delivering exceptional patient care.



Microsoft Office 365 Update

iHumber has been upgraded to the new SharePoint online On July 4! At a glance what has changed:

- Access documents and iHumber sites from anywhere - no need to log in through Citrix anymore!
- iHumber is now accessible outside of Citrix*. Some different ways to sign into SharePoint:

1. Go to https://www.microsoft365.com, **OR** https://portal.office.com, **OR** https://www.office.com.
   - In the upper left corner of the window select the App launcher, ⠿ > All apps >
   - Tip! Click into the iHumber icon and pin it to remain as one of your favourites.
2. Go directly to the new URL https://hrhtoronto.sharepoint.com/ using Microsoft Edge as your preferred browser.
   - Tip! Bookmark this link on your browser for one-click access.
3. Click on the new iHumber Desktop icon
4. Go to the main Humber website www.hrh.ca under Resources > Staff Services > iHumber.

***Some links within iHumber still require Citrix log-in if you are off-site. Click below for the full list of links.**

Click Here

What's happening next?

- Complete migration to OneDrive for all remaining users.
- More information on G: drive migration will be coming out shortly.
- Education on enhanced features to improve productivity and collaboration coming soon!

Continue keeping an eye open for emails from M365@hrh.ca!

Social Media Highlights

Humber River Health
@HRHealth_

Happy #CanadaDay! Today, we acknowledge our country's journey in working towards building a strong and inclusive future.

Thank you to all staff, physicians, and volunteers working this long-weekend. Your commitment to excellence and caring for our patients is truly appreciated!

Humber River Health
@HRHealth_

Today, we welcomed representatives from @CIUSSS_OuestMTL to learn about the lean, green, digital design of our Hospital that contributes to our efficient workflow and best practices, as well as the innovation needed to obtain effective hospital solutions in a digital environment.

Humber River Health
@HRHealth_

Marcia Sherman, a patient at Humber, received care for Myasthenia Gravis, a chronic autoimmune disorder which leads to weakness of the skeletal muscles. Her sister, Lisa Ash, assisted Marcia during her time in our Hospital and expressed her sincere appreciation for all our SPVs.

Humber River Health
@HRHealth_

Today, we had a MOCK Code Red in our Emergency Department. Thank you to the volunteer students, security, facilities, and ED Staff who made it successful. Emergency Preparedness is a #HRH priority.

Caryn Lieberman
@caryn_lieberman

What an honour to thank the #frontline #healthcare staff at @HRHealth_ who worked tirelessly showing compassion, kindness & dedication to each other, their patients and the community during the #pandemic. The hospital today unveiled a #COVID19 Hall of Fame marking their efforts.

Humber River Health
@HRHealth_

Our ophthalmology program is divided into 2 streams: general and comprehensive ophthalmology and paediatric ophthalmology. With the program constantly expanding, Dr. Brent Weiser, Head of Ophthalmology, is excited for its growth and to keep up with the demands of the community.

Humber River Health
@HRHealth_

Last night, into this morning, marked the #IslamicNewYear, also known as Hijri New Year! We wish Muslim communities, and all those celebrating, a joyful time, full of renewal and new beginnings!

Humber River Health
@HRHealth_

Today, we are hosting graduate students from the @NSERC_CRSNG CREATE in Healthcare Robotics (HeRo) Program at @UofTRobotics. The students will spend time touring our Command Centre, as well as develop an understanding of our Pharmacy automation and automated guided vehicles.

Humber River Health
@HRHealth_

As our new nurses embark on their journey with Humber River Health, they can be confident that they are joining a healthcare organization dedicated to their growth and success.

Humber River Health

has partnered up with GoodLife Fitness & is offering a Corporate Discount Membership!

- 25% savings on all membership types
- Offer valid until: May 28th, 2024

FREQUENLY ASKED QUESTIONS:

How do I access the online Coporate Membership registration platform?

Click here to access the link to register! →

If I sign up today, when will I have access to the club?

Your key tag will be available at any GoodLife fitness club immediately after registering.

If I am existing Goodlife member, can I still take advantage of my corporate discount?

Yes, your existing membership will be updated after registering.

Scan Me!

Have Questions? Scan Here

Humber River Health
Lighting New Ways in Healthcare™

Special Offer for Humber SPVs: National Bank Open!

August 5 - 13

Save on National Bank Open tickets in Toronto with the special promo code: **23NBHUMBERRIVER**

To buy tickets online using the promo code, scan the QR code below!

Save up to **50%** on Friday, August 11 Quarterfinals Day session tickets and up to **25%** on other sessions of tennis. Only select seating levels available for purchase.

SCAN ME

- Choose the applicable session(s), select your seats and check out. The discount will already be applied.

- Alternatively, you can also **call 1-877-283-6647 ext. 1** or email **tickets@tenniscanada.com** to purchase tickets with your discount promo code.

CALLING ALL DESIGNERS!

Humber River Health is seeking design submissions for our "Thank You" cards! We are accepting submissions from all staff, physicians, volunteers, patients, and their family members.

WHAT ARE "THANK YOU" CARDS?

- Humber River Health utilizes thank you cards to write hand-written notes of recognition and appreciation for our staff, physicians and volunteers

WHAT MAKES A GOOD DESIGN?

- Consider images that align/embody our vision, mission and values
- Create a visual representation of what Humber River Health stands for
- Craft unique depictions of appreciation and gratitude
- For inspiration, we encourage you to review our 2023-2026 Strategic Plan

WHAT IS IN IT FOR ME?

- The selected Thank You card designs will be used to recognize the amazing work done by staff, physicians and volunteers
- For the chosen designs, the designers name will be displayed on the back of the card
- Individuals whose design is chosen, will receive a $100 gift card to their choice of Starbucks or Tim Hortons

HOW TO SUBMIT

- Ensure you have saved your design in an appropriate format (JPEG, PNG or PDF only)
- Attach your file to an email and send it to organizationaldevelopment@hrh.ca
- Please specify 'Thank-You Card Design' in the email subject header
- **Please submit your design by August 15, 2023**

The new "Thank You" card designs will be shared in the fall.
If you have any questions, please contact Organizational Development at organizationaldevelopment@hrh.ca

Humber River Health

Exclusive Partner Program

Bell mobility just got better

Soak up the savings with preferred pricing on phones and plans.

This summer, switch to Canada's best 5G network.[1]

Ultimate Plan

100 GB for $60/mo. per line

when you bring your own phone,
for 24 months. $70/mo. thereafter.†

- ✓ 100 GB at our fastest available 5G speeds and unlimited data at reduced speeds*
- ✓ HD video and unlimited talk & text

crave™

BONUS: Enjoy 24 months of Crave Mobile.††

New activations only. †Price includes a $10/mo. bill credit over 24 months. *Reduced speeds are up to 512 Kbps.[2] ††Offer ends July 24, 2023.[3]

Essential Plan

20 GB for $50/mo. per line

when you bring your own phone.

- ✓ 20 GB at 5G speeds (up to 250 Mbps) and unlimited data at reduced speeds*
- ✓ SD video and unlimited talk & text

New activations only. *Reduced speeds are up to 512 Kbps.[2]

There's more to love with the Exclusive Partner Program:

Savings of up to 30% on plans with unlimited data

Our lowest prices on our most popular phones[4]

Get the same great prices for up to 5 friends or family members when you add them to your account[5]

Take advantage of these amazing offers today.

1. Register at bell.ca/epp or scan the QR code
2. Get your unique offer code to quote when you order
3. Order by phone: 1 833 964-4479