

# INSIDE HUMBER

Humber is your hospital, these are your stories.



# **Monthly Highlights**



#### **World Hospice and Palliative Care Day**

World Hospice and Palliative Care Day is celebrated annually to recognize the need for palliative care in optimizing quality of life and supporting the physical, emotional and psychological well-beings of patients approaching end of life. Dr. David Haile-Meskale, a palliative care physician at Humber provides insight on the benefits it provides to patients and their families.

**Read More** 



#### How Humber River Hospital Is Bringing Life Back to Long-Term Care

The care offered to residents at Humber Meadows will be inspired by the Butterfly Model of Care®, which focuses on connecting people in a dignified, human way. It looks at each resident holistically, considering factors like hobbies, preferences, and personality traits. Read more in this article published in OHA's Health System News.

**Read More** 



#### **The ABI Summer Student Experience**

Humber is proud to provide students with opportunities to assist them in their educational and professional careers. This past summer, students from Humber College, Emily Shields and Abyan Nooh, participated in the first year of the summer student program within the Financial Planning: Analytics and Business Insights (ABI) Department and shared their positive experience working here at Humber.

**Read More** 



#### Humber's Acessa ProVu System in Hospital News

The latest issue of Hospital News highlights Dr. Andre LaRoche and the launch of the Acessa ProVu® System at Humber. The Acessa ProVu® system allows for a thorough and minimally invasive method of treating fibroids, and Humber is one of two centres in Canada offering this approach. Read the story on page 18.





#### Humber's Privacy Officer, Alona Burman

Alona Burman is the manager of privacy and release of information within the Hospital's Health Information Service Department. In this interview, she discusses her role, as well as why health information services are so important to hospitals like Humber.

**Read More** 



#### The ACE Program at Humber River Hospital

Humber's Acute Care for the Elderly (ACE) Program is an inpatient medical unit located on 12 East. The unit is designed to provide care for patients 65 years of age and older with an acute medical illness and one or more geriatric syndrome(s). ACE's goal is to enhance a patient's functional ability to ensure a safe return to their previous living arrangements in the community.

**Read More** 

## **Emergency Nurses Week - October 9 - 15**

Every year, the second week of October signifies the celebration and appreciation of emergency nurses around the world. This year is no different! We recognized our amazing Emergency Department nurses for always standing strong in the face of adversity. Despite any challenges, the amazing nurses in our ED continue to remain focused and committed to providing exceptional care to patients. Thank you for all you do!









# Health Information Professionals Week

October 17 - 21 was Health Information Professionals (HIP) Week. Our health information professionals provide subject matter expertise in data collection, quality management, data integrity, information disclosure, coding and privacy. They ensure patient information remains secure and protected. Thank you for your commitment to excellence!



# **Respiratory Therapy Week**

October 23 - 29 was Respiratory Therapy Week. Our respiratory therapists demonstrate resilience and strength through their collaborative work with teams and patients. We celebrated respiratory therapists, including anesthesia assistance, in their outstanding dedication to Humber and our community. We appreciate you!





#### **World Mental Health Day**

October 10 marked World Mental Health Day. The significance of raising awareness worldwide on this day is fundamental in improving the efforts and resources available to support those negatively affected by their mental health. Mental health affects everyone regardless of age, race, sex, ethnicity, or socioeconomic status- it is not always visible, but mental illness can have a drastic impact on a person's life.



#### **Pharmacy Technicians Day**

October 18 was Pharmacy Technicians Day. Our pharmacy technicians play an integral role within our Pharmacy Department and Hospital by ensuring our patients remain safe, healthy, and have access to their medications. From compounding medications to checking prescription information, pharmacy technicians are one of the many professionals that work to keep our province healthy.



#### **IPAC** Week

Our infection, prevention, and control (IPAC) team works diligently to spread prevention, not infection. This IPAC Week, celebrated from October 17 - 21, we recognized the services our IPAC team provides in ensuring staff, physicians, volunteers, and patients practice proper protocols to keep our community safe.



#### **Healthcare Food Services Week**

October 2 - 8 was Healthcare Food Services Week. Our Food Services Department assists in supporting and improving the health and recovery of our patients. We thank all of our food service workers for the professional and dedicated work they do in ensuring our patients receive safe food and quality meals.



#### Medical Device Reprocessing Department Week - October 9 -15

The second full week of each October is dedicated to celebrate the activities performed in Medical Device Reprocessing Departments (MDRD) across North and South America. The MDRD at Humber is incredibly important to infection prevention and control, as well as patient care. With focus on patient safety and quality assurance, the proper reprocessing of reusable patient care items is more important than it ever has been. If staff or physicians do not have the reprocessed medical devices to perform procedures, then patients will not receive the care they need.

For MDRD Week, the team had a booth in the food court where they shared their processes, various videos, and how reprocessing previously took place externally, but is now all in-house.





We spoke to Kevin Cleaver, Senior Director of the Sterile Processing Department, Biomedical and Supply Chair Management, to describe the transition from offsite and onsite reprocessing of medical devices:

"When we talk about re-processable medical devices, we are referring to the reusable instruments used in the operating room and the clinics. Previously, the instruments were processed offsite, in a facility near the airport. It was efficient, but reprocessing could take up to 24 hours. Through reviews, we found that moving the reprocessing onsite would allow Humber to improve our quality of care. Since the transition, instrument turnaround time has significantly shortened and now only takes on the average less than four hours for stats and an average of 16 hours for regular reprocessing. This has also proved to be more economically beneficial to the hospital.

From a staff perspective, the entire process is ergonomically designed. Automatic loaders and unloaders of both the instrument washers and sterilizers help reduce injuries for the staff utilizing them. The ultrasonics are hydraulic, so staff no longer have to bend at the waist to put trays down into them, as was the case previously with the old design. The process onsite is built with redundancy to maintain contingency plans. Automatic generators are built into the equipment, so it can run without house steam.

Since the instruments no longer leave our site, if there is an emergency in the operating room for example, the trays are always onsite. We are able to turn them around quickly or at least be aware of the details of the instruments to get them back to the operating room when required. Due to our productive and efficient design, we had a team from the United States visit us in October to film our reprocessing area. They plan to include this in their promotional materials to advertise the equipment in the future."

#### Canadian Intensive Care Week - October 23 - 29

Our intensive care unit (ICU) is comprised of highly trained staff who continuously demonstrate excellence in the care they provide. Intensive care is an important, foundational aspect of our healthcare system. It is the place in the hospital where the sickest patients go for monitoring, diagnostic procedures, and treatments with hopes of recovery, or, for intensive support during the final days of life. This ICU Week, we celebrated the contributions of our ICU teams in assisting with some of the Hospital's most complex cases and critical patients. Thank you for all you do!









"I like the sense of community we have at Humber, everyone is like a family. I have been here for my entire career and feel a sense of belonging."

Kimberly Macias, Clinical Program Leader 6W ICU





"We have a really great team at Humber, from healthcare nurses, porters, managers- everyone is really great!"

Claire Wilkinson, Clinical Program Leader 6E ICU

## Occupational Therapy Month

October was Occupational Therapy Month! Occupational therapists (OTs) work across various settings including inpatient medicine and surgery, outpatient clinics, mental health, and pediatrics. OTs help navigate physical, functional, or cognitive barriers to help patients transition back into our community safely.







#### **News and Events**

# Mammothon 2022



#### **Breast Cancer Screening for Staff, Physicians and Volunteers**

On Thursday, October 6, Humber River Hospital, along with Regional Cancer Care Centres across Ontario participated in Mammothon, a one-day breast-screening marathon. The purpose was to encourage women who are overdue for screening or have never had a mammogram, to walk-in and get checked.

The clinic was very successful, as we saw many staff attend the clinic or book a future appointment with the Breast Health Centre. The Breast Health team did a wonderful job planning and taking care of our patients on October 6. Members of our clerical staff and technologists, along with our volunteers, often refer to themselves as "Sisters" which directly lends itself to the wonderful feedback received from our Mammothon.





#### **Black Creek Community Health Centre**

Dolores Dimitropoulos and Natasha Batchelor attended Black Creek Community Health Centre on October 15 to speak about breast health and screening to their group of community ambassadors. The event was a success, and they are looking to organize another event for bone health and screening.







#### Miniature Pepper Robots Available at Gift Shop

In October, Barb Collins unveiled the newest addition to our Gift Shop, miniature Pepper robots.

RobotLAB Group© and SoftBank Robotics©, the manufacturers of Pepper, have given Humber River Hospital's Volunteer Association special permission to produce miniature Peppers to sell, with proceeds going right back to the Hospital.

Pepper, Humber's Humanoid Robot, arrived at our Hospital in the spring of 2018. Humber currently has two Peppers on staff: one is used by the Child Life Program to help young patients feel at ease, and a second to greet patients by the Gift Shop.

Our Gift Shop is the only site in the world where you can purchase these one-of-a-kind miniature Pepper toys. Supply is limited, so get yours before they are gone!





#### National Health Ethics Week - November 6 - 11

Come out to meet your Humber ethicist Marnina Norys during National Health Ethics Week and learn about the Ethics program here at Humber, play ethics-themed games, grab a treat and enter into a draw to win prizes! Look for a table by the cafeteria out on the following dates and times.

- Monday, November 7 from 10:00 a.m. 1:00 p.m.
- Wednesday, November 9 from 10:00 a.m. 1:00 p.m.
- Friday, November 11 from 12:00 p.m. 2:00 p.m.

National Health Ethics Week is a time Canadian health institutions, schools and universities, research and clinical ethics committees, healthcare professionals, community organizations, businesses, and members of the general public set aside to host and take part in educational events that explore health ethics that affect Canadians.



Marnina Norys is Humber's Clinical and Organizational Ethicist. Anyone working, volunteering or receiving care at Humber can consult her for help resolving ethical issues arising in-hospital. Issues Marnina can help with can arise anywhere from the bedside to the boardroom. Part of her role is also to build ethics capacity across our sites so that everyone has the ability to recognize ethical issues, can access to tools to resolve day-to-day ethical dilemmas and knows where to get help when they encounter difficult cases. For more information about ethics at Humber check out ihumber/ethics.

## Humber River Hospital's Employee Referral Program

This program provides rewards to current employees whose referral successfully fills a vacancy. \*Please visit the Human Resources page on iHumber for eligibility.

1
SUCCESSFUL
REFERRAL:
\$600/hire

**\*Subject to deductions** 

2-3
SUCCESSFUL
REFERRALS:
\$700/hire

**\*Subject to deductions** 

4+
SUCCESSFUL
REFERRALS:

\$800/hire

**\*Subject to deductions** 

#### FOR MORE INFORMTION AND TO REFER A CANDIDATE:

iHumber > Services > Human Resources > Employee Referral Program

**QUESTIONS?** 

**Email: Careers@hrh.ca** 

**Click Here** 



# HALLOWEEN 2022 F

On Monday, October 31, the Volunteer Association held their annual Pumpkin Decorating Challenge. It was great to see the enthusiasm and creativity from our staff, physicians and volunteers.

The Judges - Barb Collins, Peter Bak and Joe Gorman, had a very difficult time choosing the top 3. After much deliberating, the winners were chosen: the Mother Baby Unit!

#### Thank you to everyone who participated!











# **Strategic Planning Update**

Between October 31 - November 18, we invite you to share your insights and ideas to help shape our next three-year Strategic Plan. The following opportunities are available to you and we encourage you to participate:

- 1. Interactive Wall Posters: Conveniently posted in staff, physician and volunteer lounges across all three of our sites, the wall posters provide an opportunity for you to document and share your ideas for our future.
- 2. **Pop-up Booths:** To help build awareness and provide an opportunity to connect with an individual from our Humber team, please consider visiting one of our strategic planning pop-up booths during one of the times outlined below. At the pop-up booth, we will be able to capture your thoughts and ideas through a survey available to you.

Site	Date	Location	Time
Wilson	Nov. 1	Cafeteria	10am - 2pm
	Nov. 8		11am - 3pm
	Nov. 10		11am - 3pm
Finch	Nov. 3	Finch RCC Lobby	10am - 1pm
Church	Nov. 4	Church RCC Lobby	10am - 1pm

3. **Online Survey:** If you are unable to participate in either of the above two options (interactive wall posters or pop-up booths), please consider completing our online survey available below. The survey will be open and available for you to complete starting today until November 18 at 4:00 p.m.

**Click Here** 

This is your opportunity to share your voice to help shape our future.

Should you have any questions, please reach out to Sudha Kutty (Skutty@hrh.ca), VP Strategy and External Affairs or Jessica Allison (Jallison@hrh.ca), Director Organizational and Talent Development. Both Sudha and Jessica would be happy to help answer any questions.

At the end of the engagement opportunities outlined above, we will consolidate the feedback and work with our Strategic Planning Steering Committee and Board of Directors to draft and finalize our next Strategic Plan that will launched in Spring 2023.

#### Flu Vaccine

As influenza and COVID-19 circulate at the same time, it is important that we all continue to do our part to stop the spread. Please consider getting the flu vaccine through the following means:

Date	Location(s):	Time:	
Oct 26 – Nov 30 Monday – Friday	Main St in front of Rexall, Wilson site	7:30AM - 3:30 PM	
Nov 1 & 8 Tuesdays	Roving Cart – Church	11:00AM - 3:00 PM	
Nov 2 & 9 Wednesdays	Roving Cart - Finch	11:00AM - 3:00 PM	

Be like the Teletubbies and get your flu shot to receive a chocolate bar!







#### **COVID-19 Bivalent Booster Vaccines**

Humber is offering all staff, physicians, volunteers and students the Pfizer bivalent vaccine through our Occupational Health, Safety and Wellness (OHSW) clinic. **This clinic runs every Tuesday and Thursday between 10:00 a.m. to 12:00 p.m.** 

It is recommended that you receive a booster at least 3 months after a previous COVID-19 vaccine, COVID positive test, or COVID-like symptoms.

The Moderna bivalent booster vaccine can be specifically requested by emailing OHSW at occupationalhealth@hrh.ca.

For staff who have received their booster or flu vaccine outside of the Hospital, please provide Occupational Health, Safety and Wellness with your proof of vaccination at occupationalhealth@hrh.ca or in person at the Wilson site, Level 4 West.





# Social Media Highlights

**Humber River Hospital** 

This morning we unveiled a mural at the Finch Reactivation Care Centre. This mural included hundreds of photos of staff members at the RCC. We would like to thank the Finch RCC staff, physicians, and volunteers for their incredible work.





Today, we celebrate seven years since we opened our Hospital doors in 2015. From day one, we have worked together to deliver innovative, safe, and compassionate care in our community. We look forward to our journey to come! #SevenYearAnniversary





Today we welcomed CAMH leaders for a tour of the Command Centre. It was a great way to share knowledge and experiences related to our Emergency Department and other programs within our institutions. We look forward to further collaboration! @CAMHnews





Yesterday evening, the obstetrics and gynaecology team worked diligently at their clinical priorities mapping session to continue to shape the future of women's health at Humber with a focus on innovation. improving patient access, and experience. #womenshealth #highreliability





Education plays a crucial role in nurses' professional development. Our orientation program not only provides nurses an opportunity to learn a new knowledge but also to exchange, share, and enhance their current knowledge.





Great #Halloween spirit today @HRHospital I hope you all have a safe evening trick-or-treating. I want to encourage everyone to slow down this evening and drive extra carefully. It is getting dark early and children are more excited than ever to get out enjoy our community spirit





Dr. Marco Caminiti is the head of the oral and maxillofacial surgery department. Him & his team. manage patients with facial deformities, traumatic facial injuries, resection & reconstruction of maxillofacial pathology, & the surgical care of temporomandibular joint disorders.



**Humber River Hospital** 

Osteoporosis is a disease characterized by low bone mass and deterioration of bone tissue. The most serious sign of osteoporosis is fragility fractures. Through targeted interventions, it is possible to reduce the risk of hip and other osteoporotic fractures. #OsteoporosisDay





Today we hosted Master's of Health students from across the United States, organized by George Washington University in D.C., to discuss the Canadian healthcare system and Humber's role as a digital, patient-focused hospital. @GWpublichealth



