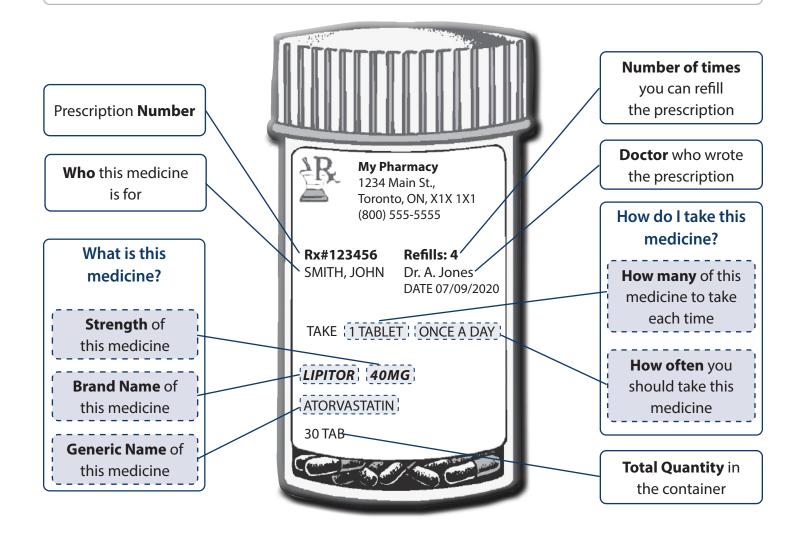


How to Read the Label on Your Medicine Bottle

If you are taking medicine, it is important to keep track of what you are taking. One way to do this is to keep a current list of all your medicines. Include details on what each medicine is and how to take it. Your medicine bottle label has most of the information you need to write this list.

This picture shows an example of a typical medicine bottle label. You may see this label on any of your prescriptions, including creams and ointments. Use this guide to help you read your prescriptions.

The shaded boxes point to the details that you should include when writing your medicine list.



© 2020 Humber River Hospital. All rights reserved.

The information provided in this booklet is for educational purposes. It does not replace the advice or specific instructions from your doctor, nurse, or other healthcare provider. Do not use this information to diagnose or treat. If you have questions about your own care, please speak with your healthcare provider.

English: This information is important! If you have trouble reading this, ask someone to help you. **Italian:** Queste informazoni sono importanti! Se ha difficoltà a leggere questo, chieda aiuto a qualcuno. **Spanish:** ¡Esta información es importante! Si tiene difficultad en leer esto, pida que alguien le ayude.

Form # 002031 © 2012_11 (reviewed 2020_10) www.hrh.ca