

How to Read the Label on Your Medicine Bottle

If you are taking medicine, it is important to keep track of what you are taking. One way to do this is to keep a current list of all your medicines. Include details on what each medicine is and how to take it. Your medicine bottle label has most of the information you need to write this list.

This picture shows an example of a typical medicine bottle label. You may see this label on any of your prescriptions, including creams and ointments. Use this guide to help you read your prescriptions.

The shaded boxes point to the details that you should include when writing your medicine list.

Prescription Number

Who this medicine is for

What is this medicine?

Strength of this medicine

Brand Name of this medicine

Generic Name of this medicine

Number of times you can refill the prescription

Doctor who wrote the prescription

How do I take this medicine?

How many of this medicine to take each time

How often you should take this medicine

Total Quantity in the container

My Pharmacy
1234 Main St.,
Toronto, ON, X1X 1X1
(800) 555-5555

Rx#123456 Refills: 4
SMITH, JOHN Dr. A. Jones
DATE 07/09/2020

TAKE 1 TABLET ONCE A DAY

LIPITOR 40MG
ATORVASTATIN

30 TAB