

## Is there a cost for these services?

There is no cost for this service. Humber River Health and OHIP pay for the services we provide.

## How do I become a client?

To become a client, you can:

- Refer yourself or have a doctor, health care professional or family member refer you:

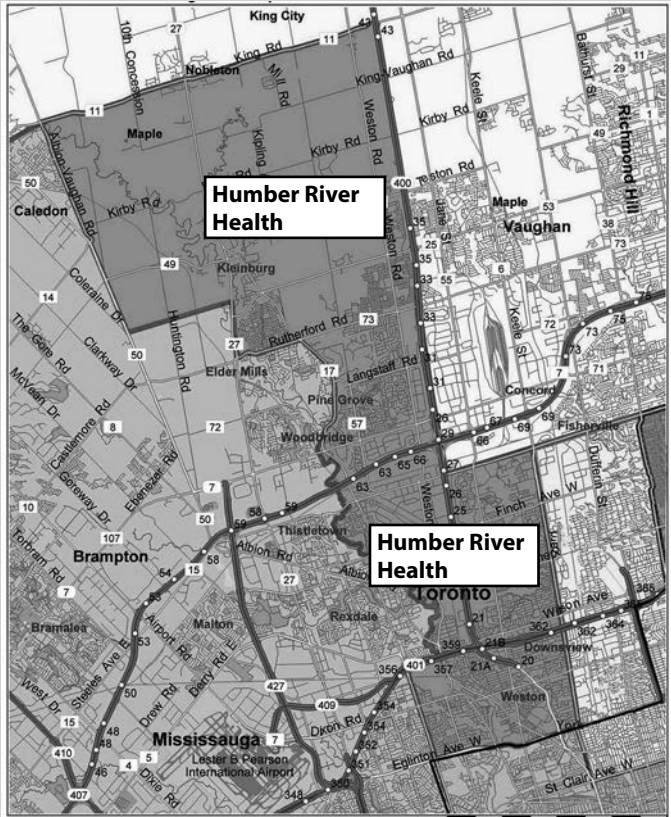
1. Fill out the referral form available online at: [www.rgptoronto.ca/services](http://www.rgptoronto.ca/services)
2. Fax the form to: **(416) 242-1108**

OR

- Call the Geriatric Outreach Team at:

**Tel: (416) 242-1000  
ext. 21817 or ext. 21818**

**Humber River Health  
Geriatric Outreach Team Catchment Area**



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The Regional Geriatric Program of Toronto (RGP), in collaboration with North York General Hospital, has been instrumental in implementing and developing this Outreach Program.

**RGP REGIONAL GERIATRIC PROGRAM OF TORONTO**

**Humber River Health  
Geriatric Outreach Team**  
Healthy Living Clinic  
1235 Wilson Ave., Suite # 1c3027  
Toronto, Ont., M3M 0B2



Medical Program

## Geriatric Outreach Team



### English

This information is important! If you have trouble reading this, ask someone to help you.

### Italian

Queste informazioni sono importanti! Se ha difficoltà a leggere questo, chiedi aiuto a qualcuno.

### Spanish

¡Esta información es importante! Si tiene dificultad en leer esto, pida que alguien le ayude.

[www.hrh.ca](http://www.hrh.ca)

## About Us

Humber River Health's Geriatric Outreach Team works together with the Regional Geriatric Program to meet the needs of the most frail and vulnerable seniors.

We perform in-home assessments of age-related issues and offer solutions to help seniors maximize their health, independence and quality of life.

## Team Members

Our interdisciplinary team includes:

- Geriatrician
- Nurse Clinician
- Occupational Therapist
- Social Worker

All of our team members are skilled in geriatrics and senior-friendly care.

## In-Home Assessments

One of our team members\* will visit you at your home and complete an assessment based on the issues that you are experiencing. This will help us to better understand your overall health and level of function.

\* Please note: Our geriatrician does not do home visits.

Some issues we address are:

- Home safety
- Trouble managing day-to-day activities
- Multiple medical problems
- Frequent falls or problems walking
- Memory changes
- Changes in mood
- Lack of social supports
- Trouble handling your medicines

At the end of the visit, we will share our recommendations with you. This may include linking you to community partners, doctors, specialists, or other senior or health services.

## Is this for me?

Our services are for clients who:

- Are 65 years of age or older
- Have a valid Ontario health Insurance Plan (OHIP) card
- Live within the Humber River Health catchment area (see map on back).

